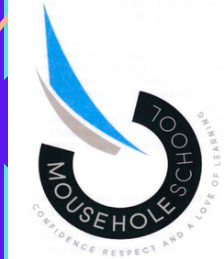




MOUSEHOLE NEWSLETTER



What's Been Happening This Week – 9.10.26

Dear Parents and Carers,
Dydh da,

Another busy and enjoyable week has flown by, with lots of Paul Feast celebrations taking place across the school.

The children had a wonderful time on the school field, working in their house teams to complete a range of activities and games. It was fantastic to see so much teamwork, encouragement and perseverance on display. Congratulations to Porth Chapel (Yellow House) for being this year's winning team!

The celebrations continued in the evening with a fantastic concert. We were treated to joyful singing from both the whole school and choir, beautiful readings of the children's handwritten autumn poems, and wonderful musical performances from our talented violinists and brass players. Thank you to everyone who came along to support the event. A special thank you goes to our staff for giving up their time, the church for hosting us, and the WI for providing refreshments. We are incredibly proud of every child who took part.

Congratulations to Kerra, John and Rupert, who represented the school brilliantly at the cross-country event this week. They competed with confidence, determination and excellent sportsmanship. A special mention goes to Kerra, who finished an impressive third place in her race. What a fantastic achievement!

Our mixed football team also got their season off to a great start on Monday, winning two of their three matches and only narrowly losing the third. Well done to all of the players for their teamwork, resilience and positive attitude.

A reminder that Parent Consultations will take place next week. Your child should have brought home details of your allocated appointment time. We look forward to welcoming you into school to share and celebrate your child's progress.

Congratulations to the children who successfully completed their Bikeability training this week. Learning to cycle safely is an invaluable life skill and we are very proud of their achievements. The Bikeability instructors were particularly impressed with the effort, attitude and skills demonstrated by the children throughout the course.

Looking ahead to next week:

- Year 6 will be visiting Mount's Bay School on Monday morning and Humphry Davy School on Tuesday for the day. Please ensure your child has a packed lunch for Tuesday's visit.
- Year 5 pupils will be attending the Life Skills programme on Wednesday morning.

Please check! Anyone that has played football for school in the last few years can you check if you still have any of the school kit (green shirt, shorts etc) or any other borrowed kit. We are missing so many shirts. I know some have been used recently, but they should be returned clean back to me at school. As we need them for other teams & events. We do lots of football events (boys & girls) & other sports, so we need to look after them and make sure they are returned. Thanks for your help Mr Ansell

On Friday, Schooner Class will be hosting the first cake stall of the year as a FROMS fundraiser. We would be very grateful for any cake donations. The cakes will be sold to the whole school at the end of the day in the bandstand.

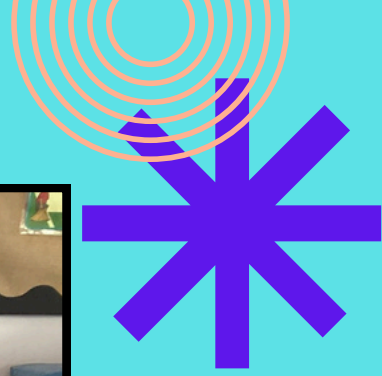
Thank you to everyone who attended the FROMS AGM on Monday evening. Your support, enthusiasm and commitment to the school are greatly appreciated.

Finally, thank you, as always, for your continued support. We hope you all have a wonderful weekend and look forward to welcoming everyone back to school on Monday.

With best wishes,
Mrs Sarah Trow



STARS OF THE WEEK



This week's Star of the Week goes to Ezra, Stanley, Ben, Ohta and Magnus. They have been spotted for their fantastic effort in all areas of their learning, taking great pride in their presentation, fantastic artwork, learning new routines and being kind to their peers.

Well done to you all! 🌟🏆

Housepoints

Gwynver: 192



Praa Sands: 216

Sennen: 233



Porth Chapel: 193

Marvellous Mouse



Zennor
For always being happy and willing to join in with all activities. Zennor is always smiling and pleasure to have in Mousehole Mice!



Wellbeing Ambassador Report

Being supportive to his friends: Kit

Welcoming new people: Schooner class

Being kind to their classmates: Mason and Tyson

Being super brave in front of an audience: Everyone at Paul Feast

Playing really nicely: Dinghy Class



BE PROUD OF YOUR WORK



Congratulations to Aisla, Eli, Luna and Ruan for showcasing their work. We are working hard to produce our best work at all times by demonstrating our school values of respect, hard working, confidence and kindness.



Congratulations to Levan for his 33 Club and Arlo for her 55 club in Luggar Class. Keep up the good work and keep practicing!!





Headteachers awards this week go to Charlie for his fantastic spelling sentences.



The children had a wonderful time at Paul Feast Concert singing and playing their instruments with joy and reading their Autumn poems with confidence.



Attendance

Attendance target for all pupils: 96% or above

Dinghy: 98.5%
Skiff: 98.3%
Lugger: 96.8%
Schooner: 93.7%



Attendance Matters

Good attendance is one of the most important factors in helping children achieve their full potential. Every school day provides valuable learning opportunities, and even a small amount of missed time can have a significant impact on a child's progress, confidence and friendships.

We understand that children will occasionally be absent due to illness, but we encourage families to ensure that pupils attend school whenever possible and arrive on time each day. Establishing strong attendance habits from an early age supports children in developing routines, resilience and a positive attitude towards learning.

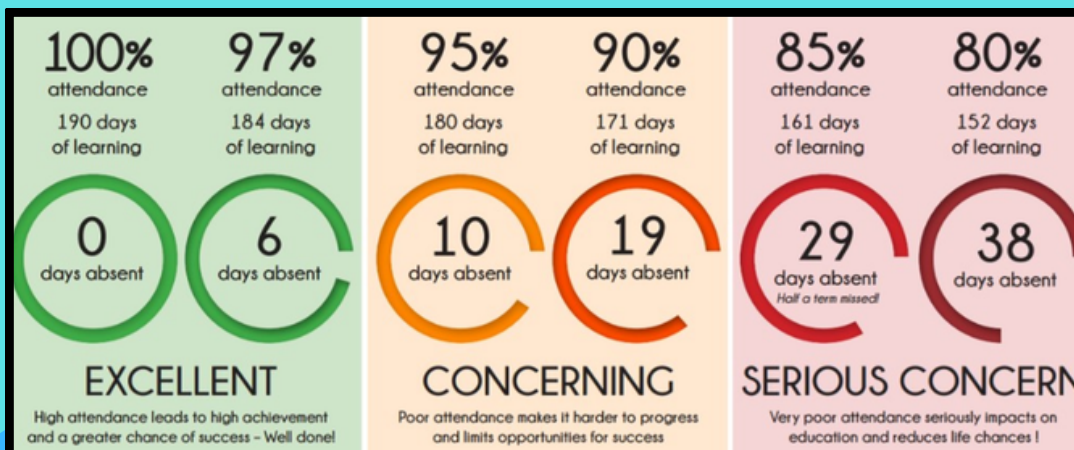
This year, we will continue to work closely with families to promote excellent attendance and to provide support where needed. If you are experiencing any difficulties that may affect your child's attendance, please do not hesitate to contact us. We are here to help.

Our attendance target for all pupils is 96% or above.

Did you know?

- 95% attendance means your child misses around 10 school days each year.
- 90% attendance means your child misses almost 4 weeks of learning across the school year.
- Regular attendance supports academic achievement, wellbeing and positive relationships.

Thank you for your continued support in ensuring that every child is in school, on time and ready to learn each day. Together, we can help every child make the most of the opportunities available to them at Mousehole School. ★





Up and coming dates:

- Monday 5th October-FROMS AGM- 2pm
- Tuesday 6th October- Nasal Flu immunisations
- Tuesday 6th and Wednesday 7th October -Bikeability Yr 5
- Wednesday 7th October-Paul Feast Sports and buns in school day
- Wednesday 7th October- Paul Feast Concert (Paul Church) 6-7pm
- Monday 12th October- -Yr 6 MBS visit
- Tuesday 13th October -Yr 6 HDS visit
- Wednesday 14th Yr 5 Life Skills
- Wednesday 14th October-Parent Consultations 1pm-6pm
- Friday 16th October- Last day of half term
- Half Term Monday 19th October- Friday 30th October
- Monday 2nd November-School starts Autumn second half term
- Wednesday 4th November Mousehole Mice and Dinghy open morning 10-12pm- please come and join us.
- Friday 13th November-Children in Need- dress in spots(see poster for fundraiser)
- Wednesday 16th Decemembr- Christmas Dinner
- Wednesday 16th December- Christmas Carol Concert
- Friday 18th December- Last day of Autumn Term

2026-2027 INSET Days:

Tuesday 1st September 2026

Monday 4th January 2027

COME AND
VISIT US!



Mousehole School

Starting Reception in 2027?

At Mousehole School we are proud of our local community and all the rich opportunities it brings our children. We would love for you to come and take a look around our fantastic school, have a chance to meet our school team and see where your child could thrive in our little community! We look forward to meeting you!

CONFIDENCE

RESPECT

LOVE OF LEARNING

Ofsted



Read our report ↗

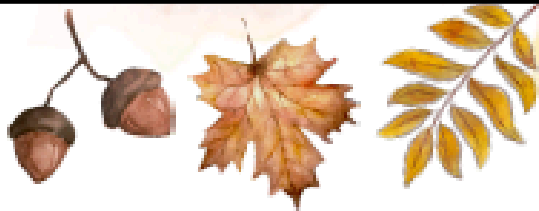
To arrange a tour and make an appointment please contact us:



Tel: 01736 731427



Email: mousehole@tpacademytrust.org



Cornwall Partnership
NHS Foundation Trust

The Mental Health Support Team warmly
invite you to attend...

Wild Wellbeing

During October half term we are offering
**FREE “drop in” nature based creative
sessions linked to the 5 ways to
wellbeing.**

This is for parents and children aged 5-11
in Cornwall.

 **The Core at St Ives Community Orchard**

 **Thursday 29 October 2pm -4pm**

 **highlighted.flamed.hours**

Coming along?  Please let us know by completing our short
booking form so we know how many people to expect.



[Book here!](#)

Follow us on Facebook for updates and upcoming events:

[Cornwall Mental Health Support Team \(MHST\)](#)





Cornwall Partnership
NHS Foundation Trust

MENTAL HEALTH SUPPORT TEAM - MHST

Join us for our 5-week online
**Parent-Led CBT or Behavior as
Communication.**

Sessions are available on Tuesdays or
Wednesdays beginning 10 November
2026 at 10am or 1pm.

Parent-led cognitive behavioural
therapy (CBT) is a short psychological
intervention that helps parents and
carers apply CBT principles in their
child's daily life, to support with
childhood worries.

Behaviour as communication provides
parents with some practical strategies
to foster positive behaviour and
communication at home.

Please sign up via the online form
here:

<https://forms.cloud.microsoft/e/ACeKmRZfn5>



Sign up closes 23/10/2026 at 5pm

**All sign ups will require an individual pre group
assessment phone call**



Online Safety Newsletter

October 2026

CapCut

CapCut is a video editing app. Their services are intended for those over the age of 13 (those under the age of 18 must have consent from their parent/legal guardian). It is rated as 13+ on the App store.

What can I do on CapCut?

CapCut is used as a video and image editing tool allowing users to edit their videos/ images as well as add music, sound effects, text and stickers.

What should I be aware of?

- The templates are user generated, therefore they may not always be appropriate for your child to view, for example may contain adult themes.
- CapCut includes access to a library of music that may include explicit lyrics.
- Premium content – CapCut does include in-app purchases/monthly subscriptions to allow users access to premium content.

Further information

Wayne Denner provides further information about the social side of CapCut including a comments section: <https://www.waynedenner.com/capcut-parents-guide/>

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleylcs.org.uk/october-2026/>

AI companions

What are AI companions?

AI companions are artificial intelligence services designed to interact with users to simulate friendship or romantic relationships. There are many different AI companions available, accessible via apps or websites. Many of these apps are intended for adults and have an age rating of 18+.



Why are children using AI companions?

There are many reasons a child might want to use an AI companion, including:

- To ask advice and questions that they may be embarrassed to ask another person. It may be easier to talk to an AI companion, so it is imperative children understand the difference between AI and real people.
- They feel lonely and are looking for friendship.
- Children may just be curious and want to try new technology.

What should I be aware of?

- **Age restrictions:** it is important to check the age rating to see if it is appropriate for your child.
- **Inappropriate content:** there is often a lack of moderation so users could be exposed to content/language that is not suitable for their age.
- **Emotional dependence:** AI companions are designed to act as a friend, encouraging an emotional dependence. This may lead to your child becoming over reliant on the service. A chatbot should never replace a parent, a medical professional or other trusted adult.
- **Relationships:** repeated use of AI may influence a child's understanding of relationships and consent in real life.
- **Privacy and personal information:** children should not share personal or confidential information with AI companions.

What can I do?

- Check the age rating and any privacy settings.
- Set up appropriate parental controls on their devices/ broadband.
- It is crucial to have regular conversations with your child about the risks outlined above and about what they are doing online. Ensure your child knows that they should talk to you or another trusted adult if anything concerns them.

Further information

<https://www.internetmatters.org/resources/ai-chatbots-and-virtual-friends-how-parents-can-keep-children-safe/>

Discord

Discord is a social networking app originally designed for gamers, but is now used by lots of different people to chat to each other online. The minimum age to access Discord is 13. The App store rates it as 17+.

Discord is made up of servers, which are spaces for groups to chat, upload files and share images etc. Anybody can set up a server, and it can be set as either public or private. Users can video call and send direct messages to other individuals or groups. Children who play online games such as Fortnite may use Discord to chat whilst playing the game (rather than using the game's own chat facility). In-app purchases are available through Discord's subscription service called Nitro.



How can I make it safer?

Discord have created a Family Centre, which provides further information about what Discord is, as well as information about different safety settings available:

<https://discord.com/safety-family-center>

As always, we would encourage you to chat to your child to see why they use Discord and ensure that they know how to block users and what to do if they see any inappropriate content. It is important to be aware that Discord does include video/voice calling which cannot be filtered. Discord is used by an array of users and therefore adult content can be found on Discord, as well as inappropriate language. Discord have produced this article, which answers frequent questions:

<https://discord.com/safety-library>

5 fun online activities

Whilst we must be aware of the negative aspects of the internet, it's also important to remember that it can also be a great place to have fun or learn something new as a family. Why not try the following?



1. Play a game together.
2. Take a family quiz – it could be around the topic of online safety (e.g. from Childnet) or you could use Kahoot to create your own.
3. Learn something new – explore BBC Bitesize, National Geographic Kids or Khan Academy.
4. Create something – make a digital drawing or video.
5. Read an Audio book.

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.10.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

Doki Doki Literature Club

Doki Doki Literature Club is a game that, due to its cartoon anime appearance, may appear to be a game suitable for all. However, as the game progresses, it contains much darker and potentially distressing themes. The game includes references to suicide, self-harm and death.

The App store rates it as 18+ as it has cartoon or fantasy violence and horror/fear themes as well as infrequent profanity and crude humour. The game is described as psychological horror. You should also be aware that the app also includes in app purchases.

The game's own website also states that it "is not suitable for children or those who are easily disturbed."

Please ensure you have set up appropriate parental controls on any devices and platforms that your child uses to ensure they can't access games that are not suitable for their age.

Happy Tree Friends

Happy Tree Friends is another animated series that might look harmless because of its cartoon graphics, but the programme contains violence, death and blood. Clips of Happy Tree Friends are also circulating on social media platforms.

As above, we would recommend that you have set up appropriate parental controls to limit exposure to content like this. Also, chat to your child about what they are watching online and ensure they know that if they do see something online that upsets them, then they should talk to you or another trusted adult.

Further information:

<https://www.common sense media.org/website-reviews/happy-tree-friends>



Walky Wheely Wednesdays



Let's travel to school the fun way...

Walk or wheel your way to school every Wednesday and earn points for your class to win prizes while competing against other schools in Penzance!



Why join in?

-  Healthier, happier children
-  Less traffic around school
-  Builds confidence and independence
-  Better for the environment

What you get:

-  Your school will be given a **repair toolkit** for everyday use—perfect for pumping tyres and simple repairs.
-  Families can take part in a special full-day session with a **qualified mechanic** to get bikes fixed and ready to ride!



Launching 5th October

BBC
CHILDREN
IN NEED



WE'RE RAISING MONEY

WHAT

We will be walking, running or rolling 2 miles a day for 2 weeks!

WHEN & WHERE

This challenge will start on the 1st of November and run until the 13th of November.
1 mile a day will be done at school, the other mile each day must be done outside of school.

CONTACT

To sign up, follow the link and use the unique code: F082
<https://www.runpudsey.co.uk/school/mousehole-school>

DONATE ONLINE



Scan the QR code or head to
[runpudsey.co.uk](https://www.runpudsey.co.uk) to sign up
for your challenge

