

Dear Parents and Carers,

It has been a busy week at school with mock SAT's happening in Year 6, the children are buzzing about their learning in all areas of the curriculum with many sporting and musical opportunities alongside! As I walk around the school it is lovely to see and hear this enthusiasm and the children sharing it with me.

The Year 3/4 boys football team had a great game against Bodriggy on Tuesday with a 3-1 win. On Wednesday they took part in the West Cornwall qualifiers at Mounts Bay School playing against Nancledra, Heamoor, Alverton and Gulval. The boys came 4th in the tournament with 1 win, 1 draw and 2 loses. The scores were all very close and well done to all the boys for taking part with great enthusiasm.

Schooner had a wonderful experience on Thursday afternoon with the visiting International Male Voice Choirs as part of the Education Music Project. The children enjoyed watching, listening to and taking part in work shops with the Prague Boys Choir. They learnt to sing in Czech and sang a Cornish song with Ms Judge in return. This experience inspired the children and they were amazed by the singing talent of the boys. The children also appeared on Spotlight and Peter and Ella spoke confidently about their experience. Thank you to Ms Judge for providing these wonderful opportunities for the children in our local communities.

The Rounders team took part in their first game against St Erth on Thursday after school. They had a fantastic time and the score was 12-8 loss. Well done to everyone for your great teamwork! A huge thank you to Mr Ansell and the parents who take the children to these events after school and provide them with so many sporting opportunities.

Please note that there have been some changes to the Sports Day dates due to other commitments in school. We are hoping that the weather will finally improve and that we will have it on Wednesday 5th June and the back up date is Wednesday 26th June.

Hope you enjoy the bank holiday weekend and we look forward to seeing you for a 8.45am start on Tuesday 7th May.



Sarah Trow

# Stars of the week

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Dinghy Class	- Raphi - Morwenna	<ul> <li>For his enthusiasm and always ready to learn.</li> <li>Super attitude and amazing maths and writing.</li> </ul>
Skiff Class	- Meadow - Alfie	<ul> <li>For their brilliant poetry writing this week! Meadow wrote an acrostic poem and Alfie wrote a rhyming poem using onomatopoeia.</li> </ul>
Lugger Class	- Ezra - Mason	<ul> <li>For his fantastic writing about mythical creatures, very imaginative pieces and lots more stamina.</li> <li>For his amazing timetables work up to 12 with lots of practising at home. Despite having a broken arm he is not slowing down and continues to persevering and produce some lovely work.</li> </ul>
Schooner Class	- Hector -Brayden	<ul> <li>Well done Hector. We have been very impressed by your level of focus in our mock SAT's week and how well you are doing with all of your learning.</li> <li>Well done Brayden. We have really enjoyed watching you get stuck into all your learning, especially how hard you worked on the geography rivers work.</li> </ul>



### Marvellous Mouse Of The Week



Otto His ability to build the most incredible constructions.

## HOUSE POINTS:



PORTHCHAPEL: 132 GWYNVER: 200 SENNEN: 214

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Congratulations to Uma, Leonie and Mason for achieving Head teacher awards this week. Uma and Leonie created fantastic history mind maps and completed quizzes about the Greeks. Mason wrote super instructions on how to slay Medusa using wonderful description and punctuation. He spoke confidently about the myth surrounding Medusa and how not to be turned to stone.



Schooner had a wonderful time at the Cornwall International Male Choral festival working alongside Prague Boys Choir.





Well done to the boys Year 3/4 football team who took part in a match against Bodriggy and won 3-0. They also came 4th in the West Cornwall qualifiers. Keep up the good work.



The rounders team played their first game of the season at St Erth on Thursday.

# **DATES FOR YOUR DIARY**

Summer Term: Yr 1 Swimming Friday 19.4.24-24.6.24 Year 6 SAT's week w/b 13.5.24- 16.5.24 Lugger Parent Lunch 17.5.24 Lugger Cake stall 24.5.24 Half Term w/b 27.5.24 Sports Day 5.6.24 (Changes to dates) Back up Sports day 26.6.24 (Changes to dates) Yr 2 Swimming Friday 7.6.24-5.7.24 Mazey Parade 29.6.24 Humphry Davy Yr 6 Transition Day 2.7.24 Schooners Parent Lunch 5.7.24 Schooners Cake Stall 5.7.24 **Operation Kernow Practice (Lugger Class) at The Minack** Theatre 15.7.24 "Gruel" School Production 11.7.24 1pm/6pm "Gruel" School Production 12.7.24 1pm **Operation Kernow Concert (Lugger Class) at The Minack** Theatre 15.7.24 Lugger brass assembly for parents 18.7.24 9.15am Year 6 Leavers Assembly 23.7.24 2pm End of term 23.7.24

## INSET DAY 24.7.24 SCHOOL CLOSED







# Online Safety Newsletter May 2024

### Smartphone Free Childhood

Smartphone Free Childhood is a parent-led movement whose mission is to protect children from the dangers of using smartphones too young.

The premise behind this movement is that all parents/carers of a class all agree not to give their children smartphones (therefore the level of peer pressure is reduced) for a set time or until a specific age. Are you ready to join? Find out more here: <u>https://smartphonefreechildhood.co.</u> <u>uk</u>

You may feel your child does need a phone, particularly if they are walking home by themselves but there are alternatives to the smartphone, including a watch, which are listed here:

https://smartphonefreechildhood.co. uk/alternatives

If your child already has a smartphone then Internet Matters have a section on their website with advice on smartphone safety: https://www.internetmatters.org/set

upsafe/



# Is being online affecting our child's mental health?

There are many positives to being online, but we do need to be aware of the negative aspects including those that may impact our child's mental health and wellbeing, for example:

• Social media (spending too much time on social media, comparing ourselves to others, filtered images and desire to achieve likes).

- Cyberbullying
- Seeing inappropriate content
- Constantly connected/information overload
- Excessive screentime
- Negative impact on our sleep

#### **Further information**

• Childnet discusses digital wellbeing in more detail and includes top tips and conversation starters: <u>https://www.childnet.com/help-and-advice/digital-wellbeing/</u>

• The NSPCC provides further information about mental health including signs to look out for and how to get further support: <u>https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/</u>

#### WhatsApp Group warning

Whilst WhatsApp has an age rating of 13+ (recently lowered from 16), a BBC investigation has found that children as young as nine have been added to WhatsApp groups and seen inappropriate content. If your child is using WhatsApp, check their group settings as by default, group privacy settings are set to 'everyone,' which means anybody can add your child to a group without their approval. You can change this setting to 'My Contacts' so only contacts can add them to groups without their approval and if somebody who is not a contact wants to add them to a group then they will need to send them an invite.

You should talk to your child about the risks of joining groups and show them how to use the reporting/blocking tools. You can find out more about the BBC investigation here: https://www.bbc.co.uk/news/articles/cy0l4z8n1p9o

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.05.24.



# Digital Addiction

Are you worried that your child is addicted to being online/on their device? Recent research from Ofcom reported that "34% of parents of children aged 3-4 said it was hard to control it, rising to half (49%) of parents of children aged 16-17."\* Bark have produced a blog which discusses what addiction is, how to recognise the signs and examples of what digital addiction can look like. You can find the blog here: https://www.bark.us/blog/digital-addictions/

#### [\*source:

https://www.ofcom.org.uk/research-and-data/media-literacyresearch/childrens/children-and-parents-media-use-andattitudes-report-2024\_accessed 24.4.24]

# Misinformation online

There is a lot of information online that is incorrect/fake or misleading and it can sometimes be difficult for adults to distinguish between what is true and what is fake, never mind for younger people. We need to develop digital literacy skills in our children by encouraging them to think critically about what they read online and to fact check. Both the BBC and Channel 4 have fact checking areas on their websites:

- <u>https://www.bbc.co.uk/news/reality\_check</u>
- <u>https://www.channel4.com/news/factcheck/</u>

One way to start the conversation would be to play a game such as 'Can you spot the signs of fake news?' from the BBC: https://www.bbc.co.uk/bitesize/articles/zwfm8hv

#### **Further information**

<u>https://saferinternet.org.uk/online-issue/misinformation</u>





#### Online Gaming Safety Tips: For parents/carers of neurodivergent young people

Internet Matters have published guidance outlining the benefits and risks of online gaming and how you can support your neurodivergent child. You can read the guide here: https://www.flipsnack.com/internetma ttersorg/guidance-for-parents-ofneurodivergent-gamers-internetmatters/full-view.html

#### Encountering violent online content starts at primary school.

New research commissioned by Ofcom reported that "all children who took part in the research came across violent content online, mostly via social media, video-sharing and messaging sites and apps. Many tell us this is before they have reached the minimum age requirement to use these services."

You can read more about Ofcom's findings here:

https://www.ofcom.org.uk/newscentre/2024/encountering-violentonline-content-starts-at-primary-school

# Talking about online toxicity

Vodafone have published an article highlighting research which shows that "69% of preadolescent boys have encountered misogynistic content online". This article discusses how to approach this issue with your child and what to do if they start repeating negative views seen online. https://www.vodafone.co.uk/newscent re/smart-living/digital-parenting/howto-talk-to-your-teenage-sons-aboutonline-toxicity/

### Do you love sewing? We needle you!

We're looking for the next bunch of talented home sewers to showcase their creativity and technical skills on the new series of BBC 1's The Great British Sewing Bee!

If you or someone you know is a brilliant amateur sewer then apply now!



applyforsewingbee.co.uk

Applications close Wed 15th May 2024



FREE Outdoor Yoga Sessions every Sunday

# PARK YOGA - CORNWALL

Narisa Lawn at Priory Park, **Bodmin** Dracaena Centre Fields, **Falmouth** Camborne Park, **Camborne** Penlee Park, **Penzance** Boscawen Park, **Truro** Par Track, **Par** 

> Open to people of all ages, backgrounds and abilities.

Sunday 5th May - 15th September 9.30am - 10.30am 10.00am - 11.00am (Bodmin only) (Look out for the Park Yoga flag)

No need to book. Bring a mat or towel. More information available on our website **www.parkyoga.co/venues**