

# MOUSEHOLE NEWS

Friday 17th January 2025



Dear Parents and Carers,

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The girls took part in their first football match of the season against Gulval School. They played confidently as a team and were good in attack with many shots on goal. The final score of 1:1 didn't reflect this. Well done girls a great start and keep up the perseverance!

Year 4 children had another great session up in our woodland this week. They had to use their teamwork, listening skills and strength to create and build their own dens in their small groups. The outcomes were fantastic!

This term we will be looking at our Empathy and Equity progression skills in weekly assemblies. We want our children to develop a conscientious understanding of and respect for the rights, equality and diversity of all, without discrimination. We believe it is important to equip children with the skills, attitudes and behaviours needed to develop mutual understanding and respect, empathy, trust, honesty and tolerance. We want our children to become confident, fair and responsible individuals who make informed and responsible decisions throughout their lives.

Mousehole Mice have been enjoying the better weather and venturing out to the harbour and local park to embed their learning further through story telling and looking for their phonetic sounds. We are so lucky to be able to access a variety of outside settings on our doorstep.

Congratulations for achieving her Copper Music Medal in her cornet exams. This is a fantastic achievement and it is lovely that you are enjoying your sessions with Kirsten and being part of the school band. Keep up the good practice Bethannie!

Hopefully you have all received the new term dates for 2025-2026 either via Seesaw or the letter that was sent home. Please take note of them as they are different from the Local Authority term dates in the next academic year.

Please don't forget to access the uniform rails in school if your child has had a growth spurt or you are missing elements as we have lots available.

A quick reminder to be in school at 8.45am promptly for the register and we finish at 3.15pm.

Hope you have a wonderful weekend!

Sarah Trow

# Stars of the week



Skiff Class	-Eugenie  -Luna	- For her dedication to her music practice and for being a consistently positive role model Skiff.  - Luna for her positivity to all her learning and being a fantastic role model to all.
Lugger Class	- Isaac W	- For starting the term with an impressive and positive attitude to all of his learning.
Schooner Class	-Brayden    -Arlo T	- Well done Brayden.You have been showing a real desire to improve your writing. I have been really impressed with how you have been using lots of the skills practised in class.    -Well done Arlo. I have been really impressed with your progress in reading. It's great to see you enjoy new books and authors.



## Marvellous Mouse Of The Week



**Remy**

**For his amazing counting and always trying his best. Well done Remy!**

## HOUSE POINTS:



**PORTHCHAPEL: 120**

**GWYNVER: 78**

**SENNEN: 138**

**PRAA SANDS: 142**



## WHOLE SCHOOL ATTENDANCE:

97.7%

SKIFF-96.1%

LUGGER- 97.8%

SCHOONER-98.4%



Congratulations to Suki and Martha for their headteacher awards this week. With fantastic spelling sentences and superb poetry writing that made Mrs Williams skin tingle with the language used! Both pieces were wonderful to read and share with you.



Congratulations to Bethannie for achieving her Copper Music medal in the cornet. Keep up the good work!



Well done to the girls who drew 1:1 against Gulval. Great start to the session!



Yr 4 children had a fantastic time in the school woods using their team building skills and strength to create and build amazing dens together. Thank you to Mr Ansell and Miss Hook for leading the session.

## **DATES FOR YOUR DIARY**

Spring Term:

Fridays-Schooners swimming

Jumping Mice weekly on Tuesdays 10.30-11.30am

W/b 3.2.25 Mental Health Week

Friday 7th Feb Luggers Cake Stall 3.15pm

Friday 14th Feb Valentine Disco-5.30-7pm

Half Term 17th-21st February

Tue 4th March St Piran Concert 7pm St Johns Hall

Wed 5th March St Piran Parade 10am

Thurs 6th March World Book Day

Wed 12th March Parent Consultations

Wed 26th March Tempest whole school photos

Thurs 27th March Songfest 3.30-8.45pm St Johns Hall

W/B 31st March No Clubs

Friday 4th April Easter egg Raffle

Friday 4th April- Last Day of Term

Yr 6 SAT's w/b 12th May 15th May

**Summer Term Begins 22.4.25**

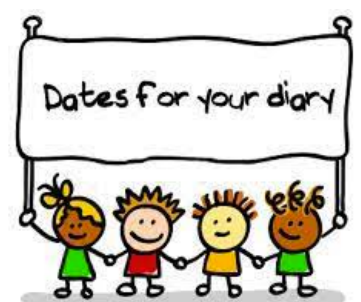
**2024-2025 INSET Days:**

Monday 21st July 2025

Tuesday 22nd July 2025

Wednesday 23rd July 2025

**Autumn Term Begins 2.9.25**





# Online Safety Newsletter

Jan 2025

## Social Media Influencers

### What is an Influencer?

An influencer is somebody on a social media platform such as YouTube and Instagram, who have a high number of followers. Influencers share their opinions/ideas and may be paid to advertise/promote products through their account.

### What should I be concerned about?

Whilst there are some great influencers, there are some that choose to share content that is for example, misogynistic, racist or misleading. These opinions can be expressed or interpreted as fact, so it is important to talk to your child and encourage them to fact check and critically analyse what they see and hear online.

### What we see on social media

What we see is influenced by algorithms, which predict what type of content we are most likely to interact with. Whilst there are benefits of algorithms, it can mean that once we start looking at certain content, our social media feed can become more aligned with that opinion, creating an echo chamber and therefore we do not see a balanced picture. Find out more here: <https://www.childnet.com/blog/algorithms/>

### What can I do to help my child?

Talk to your child about social media and who they follow. If there is anybody that you are unsure of, then check their feed and discuss with your child if you find anything worrying.

### Further information

<https://swgfl.org.uk/topics/social-media/>

## Fortnite Battle Royale



Fortnite Battle Royale is rated PEGI 12 due to moderate violence, meaning it is not suitable for children under the age of 12.

### What is Fortnite?

There are different versions of Fortnite, including Fortnite Battle Royale, which is free to play (although it contains in-app purchases). In Battle Royale, up to one hundred players compete against each other until one winner remains.

### What do I need to be aware of?

- **Chatting and inappropriate language:** Fortnite includes voice and text chat, which may mean your child encounters strangers and may hear inappropriate language. Ensure your child knows how to report/block any players that make them feel uncomfortable.
- **In app purchases:** Players can purchase V-Bucks so make sure you restrict purchases and do not store your card details.

### Parental Controls

Fortnite provides several parental controls in your child's Epic account to help you create a safer environment for your child. The controls allow you to:

- disable voice chat
- filter language
- manage which experiences your child can access based on their age
- set a PIN to add friends
- set a PIN for purchases
- set time limits
- set appropriate privacy settings.

**Also, remember to set up age-appropriate parental controls on the device your child is playing on.**

### Reporting/Blocking Features

As always, ensure your child knows how to use the reporting and blocking features and that they know they should talk to you or another trusted adult if anything concerns them.

### Further information

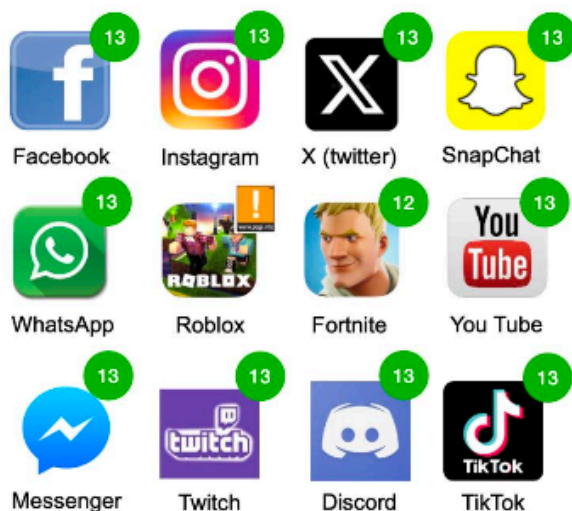
You can find out more here:

- <https://safety.epicgames.com/en-US/parental-controls>
- <https://parentzone.org.uk/article/fortnite>

Users of this guide do so at their own discretion. No liability is entered into.  
Current as of the date released 01.01.25.

# Get to know age ratings

Age ratings exist to help protect your child, so we thought we'd provide you with a little reminder of how important it is to check the age ratings of what your child is accessing online. Here are the age ratings of some of the more popular apps that young people are accessing.



Whether your child is viewing films, accessing apps, playing games online or using social media – make sure you check the age rating first to see if your child is old enough. In addition, the likes of PEGI (Pan European Game Information) provide further content descriptors, which will give you an indication of the type of content that your child might view e.g. violence or bad language.

## What else should I review?

It is important to note that whilst age ratings do allow you to see if something may be appropriate for your child, it is also important to review the content yourself. This will allow you to make an informed decision as to whether it is suitable for your child to access and if it would be beneficial to apply further parental controls. For example, does it include the ability to communicate with others and are in game/app purchases available?

## What else can I do?

- Explain the importance of age ratings to your child and how they protect them.
- Go online together to see what your child is accessing.
- Set up parental controls on your broadband, devices and on any individual apps that your child is using. This will reduce the chances of them accessing or viewing anything unsuitable.
- Chat to your child regularly about what they are doing online and as always, remind your child that if anything is worrying them then they should talk to you or another trusted adult.

## Further information

You can find out more here:

<https://eegamesmart.co.uk/articles/how-age-ratings-help-families/>

## Smartphone Free Childhood



Smartphone Free Childhood is a parent-led movement whose mission is to protect children from the dangers of using smartphones too young.

The premise behind this movement is that all parents/carers of a class all agree not to give their children smartphones (therefore the level of peer pressure is reduced) for a set time or until a specific age. Are you ready to join? Find out more here:

<https://smartphonefreechildhood.co.uk>

## Digital differences between men and women revealed

Ofcom have released their annual report into our daily habits. The findings show that women and teenage girls are more worried about online harms. You can read the full report here:

<https://www.ofcom.org.uk/media-use-and-attitudes/online-habits/digital-differences-between-men-and-women-revealed/>

## X (Twitter) Checklist

You should be at least 13 years of age to have a Twitter account. The SWGfL have created a free Privacy and Security checklist for you to download. The resource is available here:

<https://swgfl.org.uk/magazine/introducing-the-x-checklist-keeping-your-profile-under-control/>

**NHS** Cornwall Partnership NHS Foundation Trust

# MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online **Sleep Workshop**

Monday 3rd February - 11am & 4pm  
 Tuesday 4th February - 9.30am & 2pm  
 Wednesday 5th February - 9.30am & 1.30pm  
 Thursday 6th February - 11am & 1.30pm

This workshop aims to provide psychoeducation on sleep hygiene and sleep routines. Also includes practical strategies for helping children

To book a place please complete the online form [HERE](https://forms.office.com/e/7ac7qHLPhc) <https://forms.office.com/e/7ac7qHLPhc> or scan the QR code

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

**NHS** Cornwall Partnership NHS Foundation Trust

# MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online **Behaviour Workshop**

Monday 27th January - 9.30am & 2pm  
 Tuesday 28th January - 11.30 am & 4pm  
 Wednesday 29th January - 9.30am & 1.30pm  
 Thursday 30th January - 11.00am & 4pm

This workshop provides parents with practical strategies to foster positive behaviour and communication at home.

To book a place please complete the online form [HERE](https://forms.office.com/e/1PwGDXSQ40) <https://forms.office.com/e/1PwGDXSQ40> or scan the QR code

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

## Early Help - Family Support Worker

I need some support with my child's behaviours.

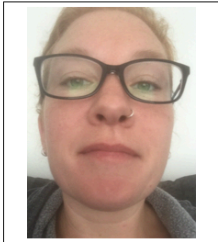
My family really struggles with routines.

I wonder if there is any support out there for dealing with my child's school worries/anxiety.

I wonder if my child is suffering from trauma because of what we have been through as a family.

Where can I find help for me so that I can be a parent more effectively?

I don't know what support I need, I just need some advice.



Hello my name is **Sophie**

I am the Family Support Link Worker for your school

If you need some advice or support for your family, please talk to the school to find out when the next Early Help drop in/coffee morning will be.

If you are really struggling and feel you need some support sooner, please ask the school to pass on your details and I will be happy to contact you.


## Are you worried about your child's mental health?

It can be difficult to know how best to support your child and what support is available for them.

Drop into Penzance Family Hub (in St John's Hall) on Monday 20th January 9:30-11:30.

CAMHS and Primary Mental Health practitioners will be available to answer your questions and advise you on the best course of action for your child. Family workers from Early Help and SEND System Navigator will also be available to offer advice and signposting.

No need to book – please drop in on 20th January.



**CORNWALL COUNCIL** one and all • omen hag ell

Together for Families

www.cornwall.gov.uk



