



MOUSEHOLE NEWSLETTER



What's Been Happening This Week - 30.1.26

Dear Parents,

Dyth da,

We have had another wet and soggy week at school which brought some disappointment for the Bikeability group and Lugger class missing thier hockey session. We are re arranging these activities and will keep you updated .

The children have bought home their parent consultation letters and we look forward to sharing your childs progress with you on Wednesday 11th and Thursday 12th February. Please ensure forms are sent in promptly so we can organise the timings for you.

Congratulations to the Wellbeing Ambassadors who presented their assembly about the 12 decider skills to parents from across the school. Thank you to all those who attended the support was greatly appreciated and hopefully you took away some helpful tips and strategies. A big thank you to Sarah Sejherta for training them in the decider skills and Ms Munday for supporting the children in school.

Year five children went along to the Penzance Fire Station on Wednesday for a Life Skills session. They had a great time listening to experts from all the different services, enjoyed dressing up in some of the uniforms and going in their specialist vehicles. They were particularly fascinated by the the effects of smoking on our lungs with an experiment demonstrating this using pig lungs. This is a great opportunity for the children and thank you to the fire station for hosting this event.

We had a fantastic turn out for the Lugger cake stall. Thank you for donating the cakes and to the parents and FROMS team for running it. We are looking forward to welcoming you to our next FROMS event, the Valentine Disco on Friday 13th February. Please see the poster below for details to purchase the tickets. They need to know the numbers by the end next week to ensure they buy the correct amount of food.

Please take time to read the attached online safety posters, they provide up to date information to keep you safe and aware of any useful tips.

We hope you have had a lovely weekend and look forward to seeing you all on Monday morning. Fingers crossed for some sunshine!

Best wishes

Sarah Trow and all the Mousehole Staff

Housepoints

Gwynver: 128

Praa Sands: 152

Sennen: 227

Porth Chapel: 169

Attendance

Whole School: 94.5%

Dinghy: 100%

Skiff: 90.2%

Lugger: 95%

Schooner: 90.5%

Dates

- Thursday 5th February
Schooner Class Hockey
- Wednesday 11th February
Parent Consultations
- Thursday 12th February
Dinghy Class Hockey
- Friday 13th February
Valentine disco 5.30-7pm
- Friday 13th February last
day of half term
- Monday 23rd Feb start back
at school.

2025-2026 INSET Days:

Monday 26th January 2026

Monday 1st June 2025

Stars of the week

Congratulations to our super stars of the week- Zelda, Rupert, Zennor, Theo, Ezra and Isaac who have been spotted for fantastic writing, maths and kindness. Well done to all of you for working so hard and being recognised by the staff.

Marvellous Mouse



Alma- for her amazing letters and sounds and for being a kind friend to others.



Congratulations to the Well Being Ambassadors who deliver a fantastic deciders Skills assembly to our parents this week.



Headteacher awards this week go to Noah and Matilda for their fantastic writing about penguins using their sounds, beautiful handwriting and full stops-great work girls!



Cornish word of the week:
Kath-cat

Year 5 children enjoying the experience of Life Skills at Penzance Fire Station on Wednesday- they were fascinated with the pig lung smoking experiment!



Exciting offer.....

We have 2 spaces
for 2 families from
Mousehole school
to do VIG

M.H.S.T

Video Interactive Guidance (VIG)



- VIG consists of being filmed playing with your child in school or at home. Then we edit the footage to show you all the positive things you are doing, and analyse this together. This is one cycle. We offer 3.
- VIG is really positive and strength based
- VIG works well if you are struggling to manage your child's behaviour or if you'd like to feel more connected to your child.
- All the families I have worked with have had amazing results and enjoyed the process

If you think you and your child could benefit from VIG, then please speak to your mental health lead in school - Ms Addrienne Munday



MOUSEHOLE SCHOOL PRESENTS

VALENTINE'S DISCO

FRIDAY 13TH FEBRUARY
5:30-7PM
DINGHY-SCHOONER CLASS

£4 EACH

ALLERGY FOOD PROVIDED
HOT DOGS, VEG STICKS, WATERMELON
SQUASH, CRISPS

MONEY IN AN ENVELOPE FOR TICKETS OR IF YOU
PREFER TO PAY BY BANK TRANSFER USE THE DETAILS
BELOW.

TICKET'S WILL BE GIVEN TO CHILDREN ONCE PAID.

FROMS
SORT CODE: 40-36-13
ACCOUNT NUMBER: 21397117



Online Safety Newsletter

February 2026

CBeebies Parenting and Apps

CBeebies Parenting is full of useful information from creative activities, recipes and information about the CBeebies apps.

CBeebies apps are free to download with no in-app purchases. Their apps include:

- Playtime Island - Fun Games for Kids App. This app includes 40 free games.
- CBeebies Learn - Early Years Learning App. This app includes games and videos and is based on the Early Years Foundation Stage curriculum.
- Get Creative - Open-ended Creative Activities App. This app is free and includes lots of drawing and painting activities.
- Storytime - Reading Stories App. This app includes interactive story books.

You can find out more here:

<https://www.bbc.co.uk/cbeebies/parenting>

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleycitycs.org.uk/february-2026-primary/>

Using AI to alter images

AI image generator and moderator tools are widely available and often used by children. Whilst these tools can be used for creative purposes, we need to ensure our children are aware of the appropriate way in which to use them and the circumstances when they should not be used, even if harm is not intended.

What are AI image generator and moderator tools?

It is when Artificial Intelligence is used to create or modify images, for example it could be used to swap faces, change expressions or for more sinister reasons, such as to remove clothes. These images are often very realistic and therefore difficult to see that they are fake.

Privacy concerns and consent

If your child is using these tools, they need to be aware of potential loss of privacy and the importance of consent. They should know that they should only use images of other people with consent.

What does my child need to know about using these tools?

- Children shouldn't use AI tools to manipulate images of school staff. Even if the child's intention is not malicious, children should not use AI tools to create or edit photos of teachers under any circumstances.
- Manipulation of images of friends or other children – if you are using images of other people, then consent must always be sought.
- The tools should not be used to create images that can embarrass or hurt others - this is a form of online bullying.
- Copyright issues – who owns the copyright? These images could be reused by others, which can affect their own digital footprint.

What should I do?

- Chat to your child if they are using these tools and ascertain the reason why. Ask them to show you the images that they have created.
- Check the age ratings of any apps/websites that your child is using and set up appropriate parental controls.
- Develop your child's digital literacy by teaching them to recognise online risks and to behave responsibly online

Further information

- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-to-children-about-ai>
- <https://oursaferschools.co.uk/2025/02/18/understanding-image-consent-at-schools/>

TikTok

You must be over 13 years of age to use TikTok. TikTok is a social media platform for sharing and watching short video clips. If your child is using TikTok then make sure appropriate security / privacy settings are applied.

Account set up

It is important that your child enters their real date of birth as accounts are tailored by age e.g., Direct Messaging is disabled for accounts aged 13-15. In addition, advertisements are tailored by age. By default, accounts for people under 16 are set to private. You can read more about the other settings available, such as switching off comments and restricted mode here:

<https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/privacy-and-safety-settings-for-users-under-age-18>

Family Pairing

Family Pairing allows you to link your own account to your child's account. You can then set controls such as restricted mode or tailor your child's 'For You' feed by selecting keywords that TikTok will use to filter out posts. You can find out more here: <https://support.tiktok.com/en/safety-hc/account-and-user-safety/family-pairing>

What do I need to be aware of?

- **Inappropriate content and themes:** whilst against guidelines, explicit and inappropriate content can be found on this platform, for example nudity/sexual content and hate speech. Some of the songs available to lip sync to may contain inappropriate lyrics/themes.
- **Challenges:** We often see viral challenges on social media, some of which can be risky/dangerous. Sadly, there are reports that children have died whilst attempting online challenges. Children may not yet have developed the skills and ability to critically analyse that what they see online is not always safe for them to replicate.
- **Stranger contact:** chat to your child about how people may not be who they say they are when online.

Refresh your feed

You can refresh your "For You" feed to update the content recommended: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/refresh-your-for-you-feed>

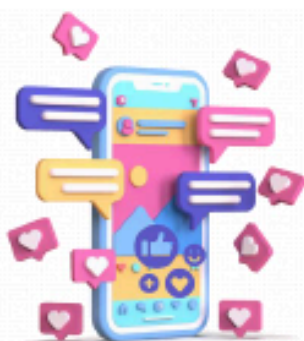
Blocking and Reporting

Show your child how to use the safety features available.

Further information

- <https://parentzone.org.uk/article/tiktok>
- <https://www.tiktok.com/safety/en/guardians-guide>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.02.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership



Balance screen time tips

Internet Matters have created simple tips to help you develop healthy online habits for your child. They also answer key questions such as "how much screentime is too much" and "is gaming bad for children." Access this information here:

<https://www.internetmatters.org/resources/creating-a-balanced-digital-diet-with-screen-time-tips>

7 Steps to Good Digital Parenting

The Family Online Safety Institute have created seven steps to assist you as a digital parent. Find out more here:

<https://fosi.org/program/7-steps-to-good-digital-parenting/>

Children's Commissioner launches new guide for parents and carers

The Children's Commissioner has released a new guide to help you in managing your child's digital life. The guide was written with direct involvement from children.

It includes advice on setting boundaries such as no devices in the bedroom and how to chat to your child. You can find the guide here:

<https://www.childrenscommissioner.gov.uk/blog/what-i-wish-my-parents-or-carers-knew-childrens-commissioner-launches-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>