MOUSEHOLE NEWSLETTER

What's Been Happening This Week - 6.11.26

Dear Parents and Carers,

Dydh da,

It has been lovely to welcome everyone back after the half-term break. The school has been full of energy this week, and we have lots of exciting things planned over the coming weeks.

A particular highlight was welcoming the Open the Book team into school to work with Skiff Class. The children delivered the story of Noah with confidence and enthusiasm, and should be very proud of themselves. Thank you to the team for giving their time so generously and for bringing along such wonderful props, which really brought the story to life.

Our Children in Need fundraising is well underway, with children enjoying their daily mile challenge with great enthusiasm. Please support this fantastic cause by helping your child to gather sponsors if you are able. We will also be celebrating by dressing in spots on Friday 13th November and look forward to seeing some wonderfully spotty outfits!

Thank you to everyone who has supported the Poppy Appeal so far. Poppy merchandise will continue to be available in school next week.

We were delighted with the turnout for our EYFS Open Morning and it was lovely to meet so many prospective parents and children. We are very proud of our school and look forward to welcoming new families into our school community in the New Year.

Thank you for your patience and understanding regarding the ongoing roadworks around Mousehole. We appreciate that the last-minute changes can be frustrating and we will continue to share updates with families as soon as information is available.

It is also lovely to welcome Mrs Williams back to Lugger Class. We are very pleased to have her return. I would also like to thank Miss Hutton for her support in Lugger Class and we are fortunate that she will continue her excellent work with the children in Schooner Class.

As always, thank you for your continued support. We are incredibly lucky to be part of such a caring and supportive school community.

I hope you all have a wonderful weekend and we look forward to seeing everyone on Monday.
Best wishes,
Sarah Trow





Headteachers awards this week go to Tyson for his fabulous independent phonic sentence writing.Also to Zennor and Raphi for their beautiful handwriting. Great work all of you!

The children and staff have been enjoying walking a mile each day in aid of Children In Need- please remember to get as many sponsors for this great cause.













Schooner Class represented the school by placing the the crosses representing all the people who died in the wars from Mousehole Community around the War Memorial on Mousehole Harbour.













Skiff Class worked with the Open The Book Team to tell the story of Noah to the whole school. They took part with confidence and pride- well done Skiff!







Congratulations to Alfie for achieving 225 reptitions in 1 hour in karate. This is a fantatsic achiement as he was aiming for 100! Great work Alfie.

Attendance

Attendance target for all pupils:96% or above

Dinghy: 97.4%
Skiff: 99.4%
Lugger: 94.7%
Schooner:93.2%



Attendance Matters

Good attendance is one of the most important factors in helping children achieve their full potential. Every school day provides valuable learning opportunities, and even a small amount of missed time can have a significant impact on a child's progress, confidence and friendships.

We understand that children will occasionally be absent due to illness, but we encourage families to ensure that pupils attend school whenever possible and arrive on time each day. Establishing strong attendance habits from an early age supports children in developing routines, resilience and a positive attitude towards learning.

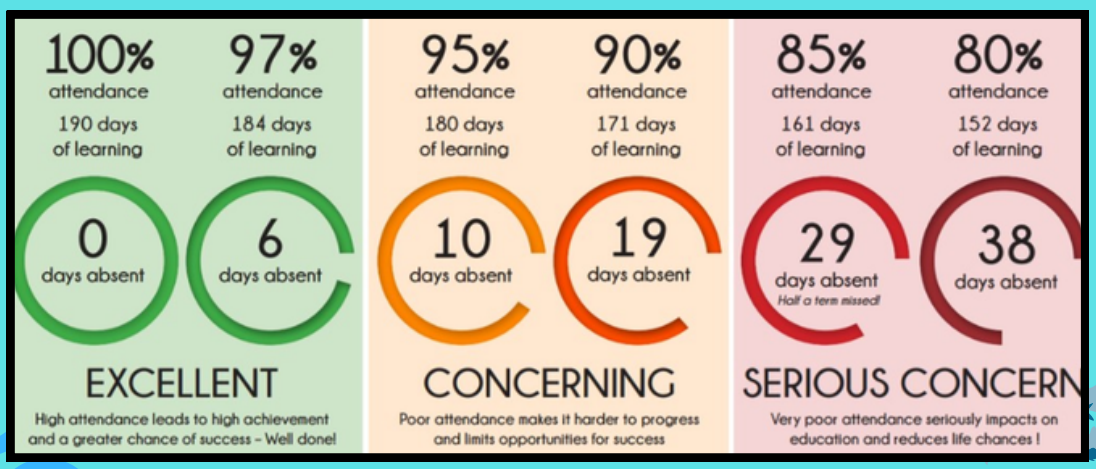
This year, we will continue to work closely with families to promote excellent attendance and to provide support where needed. If you are experiencing any difficulties that may affect your child's attendance, please do not hesitate to contact us. We are here to help.

Our attendance target for all pupils is 96% or above.

Did you know?

- 95% attendance means your child misses around 10 school days each year.
- 90% attendance means your child misses almost 4 weeks of learning across the school year.
- Regular attendance supports academic achievement, wellbeing and positive relationships.

Thank you for your continued support in ensuring that every child is in school, on time and ready to learn each day. Together, we can help every child make the most of the opportunities available to them at Mousehole School. 🌟



Up and coming dates:

- Wednesday 11th November-EYFS visiting the library
- Friday 13th November-Children in Need- dress in spots(see poster for fundraiser)
- Friday 20th November-Lugger cake stall fundraiser
- Wednesday 2nd December Billy Wynter Humphry Davy Lantern Work shop with Yr 5/6- parents welcome to come along and support.
- Monday 7th December- School Christmas Fair
- Friday 11th December- Humphry Davy Lantern Parade
- Wednesday 16th December- Christmas Dinner
- Wednesday 16th December- Christmas Carol Concert 6pm
- Thursday 17th December -Nadalik theatre production visiting the whole school.
- Friday 18th December- Last day of Autumn Term - Cinema Trip children to be collected at 3pm from The Savoy Cinema in Causeway Head.

2026-2027 INSET Days:

Monday 4th January 2027

COME AND VISIT US!

Mousehole School

Starting Reception in 2027?

At Mousehole School we are proud of our local community and all the rich opportunities it brings our children. We would love for you to come and take a look around our fantastic school, have a chance to meet our school team and see where your child could thrive in our little community!
We look forward to meeting you!

CONFIDENCE
RESPECT
LOVE OF LEARNING



Ofsted

Read our report

To arrange a tour and make an appointment please contact us:

Tel: 01736 731427

Email: mousehole@tpacademytrust.org

CORNWALL COUNCIL
one and all · onen hag oll

KINDER
STRONGER
BRIGHTER
CORNWALL



CORNWALL PARENTING OFFER

Free Parenting Support for Families Across Cornwall

Building Confidence • Strengthening Relationships • Improving Outcomes

What is the Parenting Offer?

- **FREE** parenting support, workshops and advice.
- Support available from pregnancy through to 19 years (25 years with SEND).
- Focus on strengthening parent-child relationships, confidence and wellbeing.

When should parents consider attending?

- Preparing for different stages in your child's life, understanding their emotions and behaviours and preparing for their next stage of development.
- New parents or parents wanting relationship support.
- Support to strengthen emotional wellbeing, communication or family relationships.
- Seeking practical support to improve your confidence.

How we can support settings, schools and professionals?

- Partnership working – Parenting Workers to attend events, staff/team meetings, parents evening, coffee mornings.
- Identify parents/carers needs and deliver Bitesize workshops with topic related themes (e.g. routines, sibling rivalry, mental wellbeing).
- Deliver evidence-based programmes with your cohort of parents/carers.
- Tailor bespoke parenting support to meet needs.

Parenting workshops available

Practical support for every stage of your parenting journey

Understanding Your Child Togetherness – Solihull Approach

A 10-week evidence-based programme.

- Understanding behaviour
- Child development
- Emotional wellbeing
- Communication and connection
- Managing feelings and anger
- Building stronger relationships

Parents Plus Adolescent Programme

For parents and carers of young **people aged 12-19 years.**
A 9-week evidence-based programme.

- Understanding teenagers
- Positive communication
- Encouraging cooperation
- Effective boundaries
- Positive behaviour support
- Supporting emotional wellbeing

Supporting Healthy Relationships

A 3 week evidence-based programme for couples who are expecting or have children of any age.

Includes:

- **Me, you and baby too** (for all new or expectant parents)
- **How to Argue Better** (for parents who are still in a relationship with a child of any age)
- **Getting it Right for Children** (for separating or separated parents)

"One of the best things you can do for your child is to improve the relationship between parents."

Bitesize Workshops

Short practical workshops for all parents and carers.
Flexible 1-2 hour sessions providing practical tools and strategies.

- Routines
- Boundaries
- Praise & Rewards
- Remaining Calm
- Online Safety
- Teenage Brain
- Mental Wellbeing
- Sibling Rivalry
- School Transitions

Additional support

These services are available through the parenting website.

SEND Support

Specialist parenting support and workshops and access to local SEND services.

Video Interaction Guidance (VIG)

A strengths-based intervention using video to enhance parent-child communication and relationships.

Empowered Parenting Podcasts

Free podcasts offering parenting advice, practical strategies and top tips to support families throughout their journey.

Self-guided pathways online Learning & Resources

'Togetherness Solihull Approach'.

How do parents access this service?

FREE UNIVERSAL SERVICE FOR ALL FAMILIES

- No referral required
- Parents can self-book directly through the website
- Free to access
- Face-to-face and online options available
- Support available for families from pregnancy through to age 19 (25 years with SEND)

BOOK DIRECTLY ONLINE

www.cornwall.gov.uk/parenting
parenting@cornwall.gov.uk
01872 324323

Scan here to find out more

Happier Healthier Brighter Futures

Support · Learn · Grow · Belong

A great start in life



NHS
Cornwall Partnership
NHS Foundation Trust

MENTAL HEALTH SUPPORT TEAM - MHST

Join us for our 5-week online **Parent-Led CBT** or **Behavior as Communication**.

Sessions are available on Tuesdays or Wednesdays beginning 10 November 2026 at 10am or 1pm.

Parent-led cognitive behavioural therapy (CBT) is a short psychological intervention that helps parents and carers apply CBT principles in their child's daily life, to support with childhood worries.

Behaviour as communication provides parents with some practical strategies to foster positive behaviour and communication at home.

Please sign up via the online form here: https://forms.cloud.microsoft/e/ACeKmRZfn5

Sign up closes 23/10/2026 at 5pm

All sign ups will require an individual pre group assessment phone call

Online Safety Newsletter

Nov 2026

Spotify Parental Controls

Spotify is a music streaming service. You must be aged over 13 to access it. If under 18, parent/guardian consent is required. However, under-13s can access Spotify through a managed account set up by a parent or legal guardian.

Since July 2026, Spotify has provided parental controls for managed accounts on both free and premium plans. These controls:

- turn messaging off.
- turn explicit content off.
- turn videos and canvas off.
- allow you to block specific artists or tracks.

Further information

Read the news announcement here: https://newsroom.spotify.com/2026-05-13/managed-accounts-free-tier-expansion/

Spotify have produced this Parental Guide to assist you with further information: https://www.spotify.com/us/safetyandprivacy/parental-guide

Would you like to read this newsletter in a different language? You can use the translation tool on our web version: https://www.knowsleyclcs.org.uk/november-2026-primary/

Online Grooming



What is Online Grooming?

Online Grooming is when an adult builds a relationship online with a child to manipulate, exploit, or abuse them.

How does Grooming take place?

Groomers often use fake profiles to pretend they are someone they are not, for example they may claim to be younger than they really are or pretend to be a person of influence. They will use flattery and attention to build trust and friendship. They may use online games or social media to initiate contact but then encourage your child to switch to a different app to chat with privately - usually on an app that offers limited or no parental controls and/or encrypts messages.

What can I do?

- Use appropriate parental controls.
- Set privacy settings.
- Show them how to use any blocking or reporting tools.
- Chat to your child regularly about what they do online and who they communicate with. Remind them that people online may not always be who they say they are.

What are the signs that my child is being groomed?

- Being secretive about who they are talking to.
- They become withdrawn from family and friends.
- Appearing anxious or upset after receiving messages.
- Receiving unexpected gifts.

Find out more here: https://learning.nspcc.org.uk/safeguarding-child-protection/offender-gaining-trust

What should I do if my child is being groomed?

- If you think your child is in immediate danger, contact the police.
- Stay calm and reassure your child that they are not to blame.
- If you are worried about online abuse or the way somebody has been communicating with your child online, report it to CEOP: (https://www.ceop.police.uk).

Further information

- https://www.ceopeducation.co.uk/11_18/lets-talk-about/sexual-abuse/online-grooming/

COM Networks

COM Networks are online communities where harmful and deeply disturbing behaviour occurs, including child sexual abuse, cybercrime and extremism. These networks operate on mainstream messaging apps, gaming platforms and through social media. **It is important to be aware that such networks exist and understand the risks they can pose to children.** Introductions to COM Networks can begin with harmless conversations on a game or social media platform, but then as trust builds, groups will gradually introduce harmful content, extreme challenges and pressure to prove loyalty. Some groups use threats, humiliation or the threat of exposing private information to control members. Images, messages or personal details may be used to blackmail victims.

What should I look out for?

- **Increased secrecy**
- **Emotional or behavioural changes**
- **Unfamiliar language:** using new expressions or discussing extreme content, opinions or beliefs.
- **Unexpected gifts**

Sky News investigation into COM Networks (and links on popular sites such as Roblox and Discord)

You may have seen Sky News' investigation into COM networks. The report highlights findings from a six-month investigation that found self-harm-themed avatars, clothing and related content available on the gaming platform Roblox, including items that could be accessed by children as young as five years old. The report can be viewed here, please be aware that it contains upsetting content: https://news.sky.com/video/inside-robloxs-dark-side-sky-news-finds-self-harm-avatars-available-to-young-children-13592551

How can I protect my child?

- Have regular and open conversations with your child. Ask your child what they do online and who they communicate with.
- Reassure them that they can always ask for help, even if they have shared something personal or broken a family rule.
- It is important to remember that threatening to confiscate their devices may make them less likely to talk to you when something goes wrong.
- Regularly review privacy settings and set up appropriate parental controls on all devices your child is using.
- Ensure your child understands the risks of sharing personal information or intimate images online.

Further information

- https://www.gloucestershire.gov.uk/gscp/professional-resources/sadistic-online-exploitation/
- https://saferschoolsni.co.uk/understanding-com-networks/

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WhatsApp Channels and Parental Controls

Users must be at least 13 years old to use WhatsApp. Children under 13 can access WhatsApp through a parent-managed account.

WhatsApp Channels

WhatsApp Channels are a one-way broadcast tool to send updates to followers. Channels can be found in the Updates tab. From here you can view a whole host of channels, including channels that will not be age appropriate and may include adult content. If your child has their own WhatsApp channel, then you need to be aware that they are public. Anyone can view and follow a channel and anything you share on your channel is public. We would recommend that parental controls are used to prevent children creating and accessing WhatsApp channels.

Parent Managed accounts

Parent managed accounts are required for those under 13. These accounts have additional safety restrictions and do not allow access to features such as Channels, Meta AI and location sharing. You also have control over which groups they can join.

Parental Controls for Teenagers

For users aged 13 to 17, WhatsApp offers parental control settings to limit access to certain features such as Channels.

For more information, visit: https://www.whatsapp.com/parentalcontrols

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Rage Bait

Have you heard of this term? Rage bait is when somebody deliberately posts online content to make people feel angry or frustrated to generate views and engagement. Find out more here: https://findmykids.org/blog/en/rage-baiting

LET'S GO PENZANCE

Walky Wheely Wednesdays

active CORNWALL

Let's travel to school the fun way...
Walk or wheel your way to school every Wednesday and earn points for your class to win prizes while competing against other schools in Penzance!

Why join in?

- Healthier, happier children
- Less traffic around school
- Builds confidence and independence
- Better for the environment

What you get:

Your school will be given a **repair toolkit** for everyday use—perfect for pumping tyres and simple repairs.

Families can take part in a special full-day session with a **qualified mechanic** to get bikes fixed and ready to ride!



Launching 5th October

BBC CHILDREN IN NEED

RUN PUDSEY

WE'RE RAISING MONEY

WHAT

We will be walking, running or rolling 2 miles a day for 2 weeks!

WHEN & WHERE

This challenge will start on the 1st of November and run until the 13th of November.
1 mile a day will be done at school, the other mile each day must be done outside of school.

CONTACT

To sign up, follow the link and use the unique code: F082
https://www.runpudsey.co.uk/school/mousehole-school

DONATE ONLINE

Scan the QR code or head to runpudsey.co.uk to sign up for your challenge



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