

MOUSEHOLE NEWSLETTER



What's Been Happening This Week - 13.2.26

Dear Parents,
Dyth da,

Bikeability Success

Congratulations to our Year 5 children who finally managed to complete their Bikeability training this week thanks to some sunny weather. The trainers were extremely impressed with their skill and behaviour throughout the two days. Well done to all of you—enjoy cycling safely on the roads!

Parents' Consultations

Thank you to all who attended parents' consultations; we had a fantastic turnout. It is always a pleasure to share your child's learning and successes in school, and to work together to support them further. If you missed your meeting, please contact your class teacher to arrange another time when we return.

Schooner Class Theatre Trip

Schooner had the pleasure of attending Humphry Davy School's performance of Bugsy Malone at the Ritz. They thoroughly enjoyed the show, and opportunities like this help encourage and inspire the children to take part in the arts.

TPAT Super Orchestra

We were extremely proud to take twelve of our students—from Year 3 to Year 6—to take part in the TPAT Super Orchestra this week. It was an amazing experience for the children to perform as part of such a large orchestra alongside pupils from both primary and secondary schools across the Trust. The orchestra was conducted by Patrick Bailey, and the children spoke very positively about their day, especially noting the kindness and encouragement shown by the older pupils supporting them. They thoroughly enjoyed the opportunity and are already looking forward to taking part again next half term.

Youth Speakers Regional Competition

Our Youth Speakers—Arthur, Agnes, and Iona—represented the school brilliantly in the regional competition at Illogan School. Mr Mullaney reported that they spoke beautifully with confidence and clarity. Although they did not secure a podium place, they were proud of their performance—and we are exceptionally proud of them. Qualifying for the regionals is a great achievement in itself, well done!

Lugger Class Hockey Sessions

Lugger Class had a great time developing their hockey skills with Ms Tully at Penzance Hockey Club. It has been a valuable experience for the whole class to access this expert coaching throughout the term. Thank you to Miss Cane for organising this opportunity.

Valentine's Disco

A massive thank you to FROMS for organising the Valentine Disco and preparing the food, and to the staff who came along to support the event. The children had a fantastic time and showed off some spectacular dance moves! Their behaviour was brilliant, and they were great fun to be with.

Volunteer Day

We are hoping that the Volunteer Day will still go ahead on Thursday 19th February from 9.30am-4pm, weather permitting. Fingers crossed for good conditions! I will keep you updated nearer the time. Please come along and help if you can—it will be greatly appreciated.

We look forward to seeing you on Monday 23rd February at 8.30am on the top playground, for the last time, all being well. Have a lovely half-term break!

Best wishes

Sarah Trow and all the Mousehole Staff

Housepoints

Gwynver: 178

Praa Sands: 251

Sennen: 410

Porth Chapel: 135

Cornish word of the week:
Dydh Valentin Lowen-
Valentines Day

Attendance

Whole School: 97.6%
Dinghy: 98.6%
Skiff: 100%
Lugger: 98.3%
Schooner: 95.3%

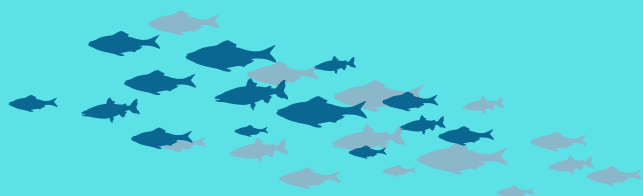
Dates

- Lugger class swimming this half term on Friday
- Thursday 19th February 9.30-4pm Volunteers Day at School
- Monday 23rd Feb start back at school and opening of the new playground.
- Monday 2nd March Shiff St Piran Concert HDS
- Tuesday 4th March World Book Day dress up TBC
- Tuesday 4th March St Piran Concert- School Choir- St Johns Hall 6.45pm
- Wednesday 5th March St Piran parade- Schooner Class and school musicians.
- Tuesday 10th March Skiff Penlee Gallery music
- Wednesday 11th March Lugger Songfest at St Johns Hall
- Friday 27th March Skiff Cake Stall
- Thursday 2nd April last day of term

2025-2026 INSET Days:

Monday 1st June 2026

Headteacher awards this week go to Eugenie, Cian and Alfie for their fantastic understanding and representation of the water cycle in Science. Also to Rupert for his correct pronunciation of 'F' when saying four and five. Fantatsic achievement all of you- well done!





M.H.S.T



Video Interactive Guidance (VIG)

Exciting offer.....

We have 2 spaces
for 2 families from
Mousehole school
to do VIG

- VIG consists of being filmed playing with your child in school or at home. Then we edit the footage to show you all the positive things you are doing, and analyse this together. This is one cycle. We offer 3.
- VIG is really positive and strength based
- VIG works well if you are struggling to manage your child's behaviour or if you'd like to feel more connected to your child.
- All the families I have worked with have had amazing results and enjoyed the process

If you think you and your child could benefit from VIG, then please speak to your mental health lead in school - Ms Addrienne Munday

Bike Library



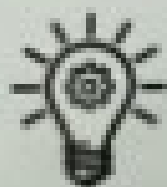
CROSSCOUNTRY



Hire a bike (in Penzance) for FREE
24 hrs or a whole week!



Free basic bicycle service and safety check to
get your own bike road worthy



Cycling tips and confidence building sessions
available - just ask



Come and see us TUESDAYS
9:00 - 10:30am & 3.00 - 4.00pm



TRELYA

The Lullucliff Centre, Falmouth Close, Penzance TR25 3PG
Contact - Dave
ridewithus@thecornwallbicycleproject.co.uk
01629 454 118

active
LIFE





Online Safety Newsletter

Safer Internet Day

Established by the UK Safer Internet Centre (UKSIC), Safer Internet Day (SID) is celebrated around the world. This year, on Tuesday 10th February 2026, it will be celebrated with the theme:

‘Smart tech, safe choices – Exploring the safe and responsible use of AI’

UKSIC Resources

As usual, the UKSIC have created some fantastic resources, which includes top tips, help and advice and quizzes to help you start a conversation with your child. Find out more here:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2026/top-tips-for-parents-and-carers>

What is AI and is it safe?

Internet Matters has a wealth of information on their website about AI, including is it safe for children to use, privacy and data considerations, examples of popular tools and the risks that you should be aware of. You can access this information here:

<https://www.internetmatters.org/advice/by-activity/using-artificial-intelligence/what-is-ai-artificial-intelligence/>

AI Chatbots

Parent Zone have published an article highlighting what you need to know about chatbots, and the growing role of artificial companions. The article discusses what an AI friend is, the minimum age rating for using a chatbot, the appeal and the risks of AI friends as well as what you can do if your child is using them. You can access it here:

<https://parentzone.org.uk/article/ai-chatbots>

AI Tips from the NSPCC

This article from the NSPCC introduces AI tools and discusses what AI generated content is. It also includes tips on how to support your child to use AI safely. Read the article here:

<https://www.nspcc.org.uk/about-us/news-opinion/2025/artificial-intelligence-safety-tips-for-parents/>

Parenting in the AI age

UNICEF have published an article discussing how to approach AI with your child. It discusses how AI can help promote learning as well as some of the dangers. You can find the article here:

<https://www.unicef.org/parenting/digital-parenting/how-approach-ai-children>

Resources for Parents and Carers from London Grid for Learning (LGfL)

LGfL have several resources on their website in support of SID, including a video about what children are being exposed to online with generative AI tools. You can find the resources here:

<https://lgfl.net/safeguarding/safer-internet-day>



Online Safety Newsletter

February 2026

CBeebies Parenting and Apps

CBeebies Parenting is full of useful information from creative activities, recipes and information about the CBeebies apps.

CBeebies apps are free to download with no in-app purchases. Their apps include:

- Playtime Island - Fun Games for Kids App. This app includes 40 free games.
- CBeebies Learn - Early Years Learning App. This app includes games and videos and is based on the Early Years Foundation Stage curriculum.
- Get Creative - Open-ended Creative Activities App. This app is free and includes lots of drawing and painting activities.
- Storytime - Reading Stories App. This app includes interactive story books.

You can find out more here:

<https://www.bbc.co.uk/cbeebies/parenting>

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleylcs.org.uk/february-2026-primary/>

Using AI to alter images

AI image generator and moderator tools are widely available and often used by children. Whilst these tools can be used for creative purposes, we need to ensure our children are aware of the appropriate way in which to use them and the circumstances when they should not be used, even if harm is not intended.

What are AI image generator and moderator tools?

It is when Artificial Intelligence is used to create or modify images, for example it could be used to swap faces, change expressions or for more sinister reasons, such as to remove clothes. These images are often very realistic and therefore difficult to see that they are fake.

Privacy concerns and consent

If your child is using these tools, they need to be aware of potential loss of privacy and the importance of consent. They should know that they should only use images of other people with consent.

What does my child need to know about using these tools?

- Children shouldn't use AI tools to manipulate images of school staff. Even if the child's intention is not malicious, children should not use AI tools to create or edit photos of teachers under any circumstances.
- Manipulation of images of friends or other children – if you are using images of other people, then consent must always be sought.
- The tools should not be used to create images that can embarrass or hurt others - this is a form of online bullying.
- Copyright issues – who owns the copyright? These images could be reused by others, which can affect their own digital footprint.

What should I do?

- Chat to your child if they are using these tools and ascertain the reason why. Ask them to show you the images that they have created.
- Check the age ratings of any apps/websites that your child is using and set up appropriate parental controls.
- Develop your child's digital literacy by teaching them to recognise online risks and to behave responsibly online

Further information

- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-to-children-about-ai>
- <https://oursaferschools.co.uk/2025/02/18/understanding-image-consent-at-schools/>

TikTok

You must be over 13 years of age to use TikTok. TikTok is a social media platform for sharing and watching short video clips. If your child is using TikTok then make sure appropriate security / privacy settings are applied.

Account set up

It is important that your child enters their real date of birth as accounts are tailored by age e.g., Direct Messaging is disabled for accounts aged 13-15. In addition, advertisements are tailored by age. By default, accounts for people under 16 are set to private. You can read more about the other settings available, such as switching off comments and restricted mode here:

<https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/privacy-and-safety-settings-for-users-under-age-18>

Family Pairing

Family Pairing allows you to link your own account to your child's account. You can then set controls such as restricted mode or tailor your child's 'For You' feed by selecting keywords that TikTok will use to filter out posts. You can find out more here: <https://support.tiktok.com/en/safety-hc/account-and-user-safety/family-pairing>

What do I need to be aware of?

- **Inappropriate content and themes:** whilst against guidelines, explicit and inappropriate content can be found on this platform, for example nudity/sexual content and hate speech. Some of the songs available to lip sync to may contain inappropriate lyrics/themes.
- **Challenges:** We often see viral challenges on social media, some of which can be risky/dangerous. Sadly, there are reports that children have died whilst attempting online challenges. Children may not yet have developed the skills and ability to critically analyse that what they see online is not always safe for them to replicate.
- **Stranger contact:** chat to your child about how people may not be who they say they are when online.

Refresh your feed

You can refresh your "For You" feed to update the content recommended: <https://support.tiktok.com/en/account-and-privacy/account-privacy-settings/refresh-your-for-you-feed>

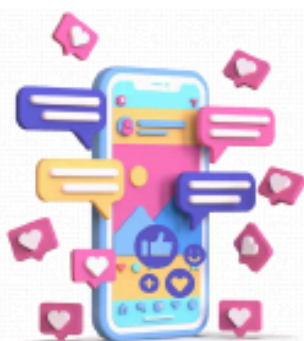
Blocking and Reporting

Show your child how to use the safety features available.

Further information

- <https://parentzone.org.uk/article/tiktok>
- <https://www.tiktok.com/safety/en/guardians-guide>

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Balance screen time tips

Internet Matters have created simple tips to help you develop healthy online habits for your child. They also answer key questions such as "how much screentime is too much" and "is gaming bad for children." Access this information here:

<https://www.internetmatters.org/resources/creating-a-balanced-digital-diet-with-screen-time-tips>

7 Steps to Good Digital Parenting

The Family Online Safety Institute have created seven steps to assist you as a digital parent. Find out more here:

<https://fosi.org/program/7-steps-to-good-digital-parenting/>

Children's Commissioner launches new guide for parents and carers

The Children's Commissioner has released a new guide to help you in managing your child's digital life. The guide was written with direct involvement from children.

It includes advice on setting boundaries such as no devices in the bedroom and how to chat to your child. You can find the guide here:

<https://www.childrenscommissioner.gov.uk/blog/what-i-wish-my-parents-or-carers-knew-childrens-commissioner-launches-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>