

9 Areas of Personal Development at Mousehole School



<p align="center"><u>SMSC</u> Spiritual, Moral, Social, cultural</p>	<p align="center"><u>PSHE</u> Wider safety, economic understanding, understanding of technology and media</p>	<p align="center"><u>British Values</u> Democracy, Individual Liberty, The Rule of Law, Mutual Respect and Tolerance</p>
<p align="center"><u>RSHE – Relationship and Sex Education</u> <u>(PSHE)</u></p>	<p align="center"><u>Character</u></p>	<p align="center"><u>Inclusion and Equal Opportunities</u></p>
<p align="center"><u>Physical Health and Mental Well-Being</u> <u>(PE and PSHE)</u></p>	<p align="center"><u>Wider Opportunities</u></p>	<p align="center"><u>Citizenship</u></p>

SMSC



Spiritual	Moral	Social	Cultural
<p>Faiths and values are not only taught explicitly in RE, but also celebrated in assemblies and the cultural diversity within each classroom through the staff knowledge of the children. Imagination and creativity is celebrated and children have the opportunity to appreciate the natural world we live in, awe and wonder through the extensive outside environment we are lucky to have here in Mousehole. Children at Mousehole are encouraged to be reflective about themselves, their learning and their place in the community, as well as being respectful of different people's faiths, feelings and values. This is also embedded in our progression skills of Believe In Me, Empathy and Equality, The Reflective Perspective, Think Big, Expect to Connect and Wander and Wonder.</p>	<p>Through the relationship policy and school ethos, there is an understanding of what is right and wrong, how mistakes can happen and how to take ownership and responsibility for their own behaviour. All adults in school follow the behaviour policy and act as positive role models, supporting children who are showing challenging behaviours and helping children in understanding their emotions and behaviour. Children understand there are consequences to their behaviour and these are clear and regularly referenced. There is a focus on improving behaviour and support in getting it right in the future, opposed to a focus on sanctions. Children are encouraged to talk about moral and ethical issues and to understand the viewpoints of others.</p>	<p>Children and staff are always encouraged to work as a team and community, using others to improve their own performance and learn off other people, cooperating well, and learning to resolve conflicts effectively. An understanding of how to be emotionally intelligent, to cooperate and communicate effectively is explicitly taught, modelled and expected when socialising with those from different religious, socio-economic and ethnic backgrounds. At Mousehole we actively engage with the Mental Health Schools Team (MHST) to target individuals and groups of individuals to develop their skills and understanding. We also actively engage in the learning of British Values so that children are able to engage and contribute positively to life in Modern Britain.</p>	<p>As we are tucked away in the far west of the country we are very aware of the lack of cultural diversity within our area and the whole of Cornwall, but also encourage the celebration of the Cornish culture and heritage and how it shapes us: festivals, traditions and deep history. Staff are aware to present positively and knowledgeable about a range of culturally religious, ethnic and socio-economic communities. Mousehole School give children opportunities to participate and respond positively to artistic, musical, sporting and cultural opportunities. Currently working towards our Go Cornish Award.</p>
<ul style="list-style-type: none"> • RE curriculum 	<ul style="list-style-type: none"> • RE Curriculum • PSHE/RSE Curriculum 	<ul style="list-style-type: none"> • PSHE/RSE Curriculum • Assemblies 	<ul style="list-style-type: none"> • Educational visits • Cornwall music hub

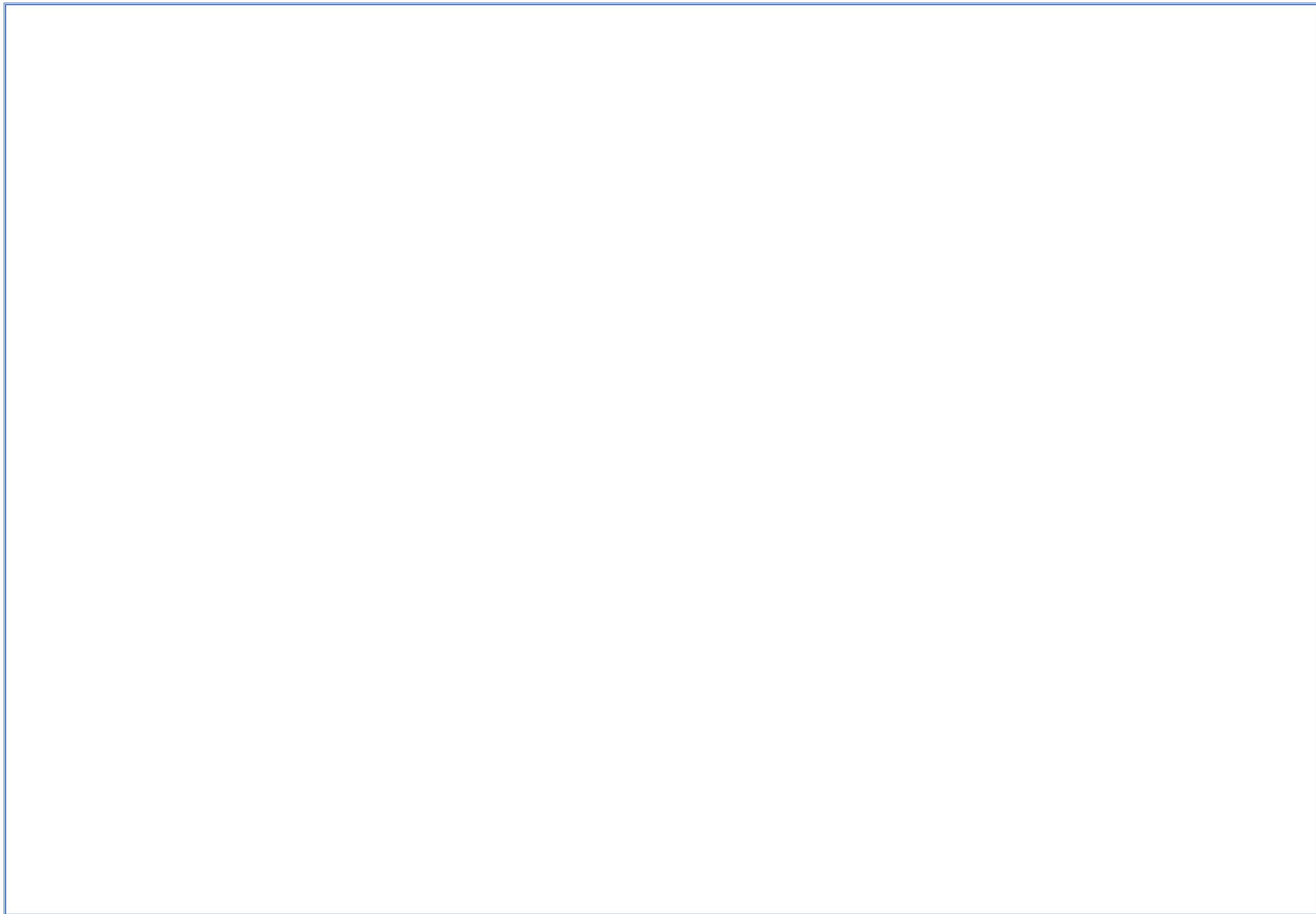
<ul style="list-style-type: none"> Planned assemblies throughout the year Woodland Skills Harbour Skills Science Club Yoga Club Leadership Team 	<ul style="list-style-type: none"> Assemblies Eco Leader School Council Transition activities/working with other schools in the area 	<ul style="list-style-type: none"> MHST Leadership team Educational visits Well Being Ambassadors 	<ul style="list-style-type: none"> Music lessons Links to Minack Theatre After school clubs Sports teams Links with St Pol Du Leon Church Solomon Browne Penlee Galley Krew Kernewek Team
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British Values

Mousehole School has a duty to 'actively promote' the fundamental British values of democracy, the rule of law, mutual respect, tolerance and individual liberty as set out by the government in the 'Prevent' strategy in 2011. These are taught explicitly in assemblies and throughout our PSHE/RSE curriculum.

Democracy	Rule of Law	Mutual Respect	Tolerance	Individual Liberty
				
<ul style="list-style-type: none"> Democracy is practised when voting for aspects of school improvements/ Governance and Monarchy are threads going through the substantive knowledge in our History 	<ul style="list-style-type: none"> Mousehole School values – Kindness, Respect, Hardworking and Confidence are promoted and referred to constantly. Children are rewarded with house points for these values and learn the 	<ul style="list-style-type: none"> Children at Mousehole School know that mutual respect is understanding that we do not all share the same beliefs and values Society needs to repeat the values and beliefs of others whilst not 	<ul style="list-style-type: none"> At Mousehole, children are taught tolerance of those who have different beliefs and faiths throughout our curriculum especially RE and PSHE. By following our relational policy, in 	<ul style="list-style-type: none"> Children understand that due to the sensible nature of law making, we have the freedom to make our own choices in a safe and supportive environment As long as children respect the right of

<p>curriculum, which regularly unpicks the meaning of democracy, how it started and periods in time, or countries, which are not governed by democracy</p> <ul style="list-style-type: none"> • Visit to Parliament when go to London, invite local MP's to work alongside us, parish councillors into school. 	<p>importance of rules to keep us safe and happy</p> <ul style="list-style-type: none"> • Children relate our school rules to the law and understand that we have laws in our country to keep us safe • Taught the value and reasons behind the laws that govern and protect us, the responsibilities that this involves and the consequences when laws are broken 	<p>imposing our own in order to live in a civilised world. For our children in their immediate context, it is about supporting a football team of their choice, or liking a particular musician, and ensuring that a lack of respect is appropriately challenged</p> <ul style="list-style-type: none"> • In the wider context, staff are aware of the largely monocultural catchment of Mousehole and challenging stereotypes, ensuring that correct information is learnt and exposure to diversity across the curriculum is crucial to children's lives 	<p>particular the value Respect, Children learn daily the importance of tolerance and gain an enhanced understanding of their place in society.</p>	<p>others, they are free to pursue their ambitions, free from limitation and discrimination</p> <ul style="list-style-type: none"> • In the UK our Human Rights are protected by law • At Mousehole School we believe that by encouraging and celebrating self-esteem, self-awareness and self-confidence, children are able to make their own decisions and stand up for what they believe in.
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PSHE and Physical

EYFS

Autumn – Special me, special people, special times <u>Self-regulation</u> Children will: - develop an understanding of their own feelings -- develop an understanding of the expectations of the setting and the reasons for them. <u>Managing Self</u> Children will: - see themselves as a valuable individual -begin to manage their own needs – personal hygiene <u>Building Relationships</u> Children will: - build constructive and respectful relationships with adults and peers.	<u>Self-regulation</u> Children will: -identify and moderate their own feelings Managing Self Children will: - show resilience in a challenge <u>Building Relationships</u> Children will: - build constructive and respectful relationships with adults and peers.	Spring -Big Wild World <u>Self-regulation</u> Children will: - express and moderate their own feelings <u>Managing Self</u> Children will: -show perseverance in a challenge <u>Building Relationships</u> Children will: -.think about the perspective of others	<u>Self-regulation</u> Children will: - give focused attention, responding appropriately even when engaged <u>Managing Self</u> Children will:- be confident to try new activities <u>Building Relationships</u> Children will: - show sensitivity to their own and other’s needs	Summer – Come outside <u>Self-regulation</u> Children will: - show an understanding of their own feelings and others and begin to regulate accordingly -follow instructions involving several ideas or actions. <u>Managing Self</u> Children will: - be confident to try new activities and show independence, resilience and perseverance in the face of challenge <u>Building Relationships</u> Children will: - work and play cooperatively and take turns	<u>Transition to Y1 Self-regulation</u> Children will: - develop independence, set and work towards simple goals, wait for what they want and control their impulses when appropriate. <u>Managing Self</u> Children will: - manage their own basic hygiene and personal needs – dressing, toileting and healthy food choices -be confident to try new activities and show resilience and perseverance in the face of challenge. <u>Building Relationships</u> Children will: - forming positive attachments- transition focus
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Mixed aged groups: across the year, lessons are taught within each of the following strands:

Families and Relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Identity	Transition
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Alongside our PSHE and RSE Curriculum, other aspects of PSHE include:

- **Wider safety:** How to minimise common risks: road, safety, medicines, strangers. At Mousehole School we have rolling visits from RNLI, Police, Fire Officers, Air Ambulance
- **Economic:** choices about money, how to keep safe, saving
- **Technology and Media:** Different forms of media and their impact, reliability of online content, risk in sharing content. Online safety forms a part of the computing curriculum (Digital learning)

RSE

Mousehole School is built on our values and ethos of positive, respectful, healthy relationships. Relationships are integral to our positive behaviour policy and all staff work hard to build up strong relationships with all children and their families so that they feel happy and safe in school. Children are taught PSHE and RSE explicitly using Kapow.

Families and people who care: Relationships can give love, support and security, characteristics of a committed, healthy family life, respect for a difference in family set ups, unhealthy family relationships

Caring Relationships: Friendships are important in making us feel happy and safe, characteristics of friendships, how to resolve difficulties, trust and how to seek help in unhealthy friendships

Respectful, kind relationships: Respecting those different physically, personality, background, courtesy and manners, self-respect, bullying, stereotypes and consent

Online safety and awareness: People can behave differently online, how to maintain respectful relationships and how to report if there is a unhealthy or unsafe relationship, how data is shared.

Being Safe: Understanding boundaries (including online) privacy, unsafe and safe contact, recognise and report feelings of feeling unsafe

Relationship and Sex Education:

- Mousehole School follow the scheme on Kapow and whilst sex education is not compulsory, puberty, naming of body parts, human development from birth to old age and reproduction in animals must be taught to all pupils because it is part of the Science National Curriculum.
- Children are given through science as well as sex education, information to be well-prepared for adolescence. When appropriate, gender identity is discussed sensitively and respectfully. Correct vocabulary is used and misconceptions are addressed.
- Consent is prioritised as a focus for discussion. The law and unhealthy relationships are discussed when appropriate.
- Any safeguarding concerns will be reported to the DSL/DDSL and parents/carers where necessary.

- The Relationship and Sex education policy has gone to parents/carers for consultation

Character

The ethos of the school is to celebrate when children achieve great things through confidence, respect and a love of learning.: whether these be small steps or great feats and whether these are different for different individuals. It is clear from this ethos that success and achievements come from hard work, resilience and a positive attitude.

Progress leading to achievement is celebrated, rather than solely attainment and due to the opportunities given to the children whether in the classroom, in sport, in music or socially, there are many ways to excel and there is an ethos of being the best children and staff we can be. Children are identified for showing our 'Positive Relationship Behaviours' and rewarded with house points for following our values – Confidence, Kindness, Hardworking and Respect.

- At Mousehole School, we endeavour to develop children with a strong sense of character, create a positive culture and environment for all children to enjoy school and thrive.
- Children's positive character is celebrated in our Friday celebration assemblies, through house points and healthy competition between the houses. We also take the time to celebrate children's achievements outside of school and encourage them to be proud of what they do.
- All staff are responsible for being good role models, and ensure that high expectations are consistent in all areas of the school, regardless of job role, age of children and time of day.
- Children are disciplined in movement around the school, able to respond quickly to signals and for working as a team.
- Children, through Real PE, work towards developing the following areas of character: personal, social, cognitive, creative, applying physical skills, and an awareness of health and fitness
- Children are encouraged to show pride in their personal appearance by following the school's uniform policy and teachers remind and check regularly. They are also encouraged to show pride in their book presentation, classroom environment and general tidiness around the school and the local environment. We have worked closely with the Plastic Free Penzance to participate in litter picks and supporting our community garden.
- Leadership is promoted through our 'Leadership roles' – School Council across the school, Sport, Digital, Librarians ,Play leaders, Krew Kernewek, Wellbeing Ambassadors and Eco and inter-house competitions encourage relationships between older and younger children developing children into positive role models.

Inclusion and Equal Opportunities

Children at Mousehole School are taught that no one should be treated differently/less favourably because they belong to a specific group. It is also taught that it may appear that some groups of children are treated unfairly, but children with different needs may need different levels of support. The Mousehole Equality policy is key to developing an understanding of inclusion across the school.

The 9 Protected Qualities are introduced through assemblies and our PSHE and RSE Curriculum. Through the wider curriculum, groups with protected characteristics are represented.

The 9 Protected Qualities:

- Age
- Disability
- Gender reassignment
- Marriage and civil partnership
- Pregnancy and Maternity
- Race
- Religion and Belief
- Sex
- Sexual orientation

Adaptations are made to ensure all children can access the curriculum and wider opportunities:

Curriculum adaptations

Inclusion in enrichment opportunities such as after school clubs and educational visits

Risk Assessments to ensure safe inclusion developed in partnership with parents.

At Mousehole School, everyone works closely with the SENDCO and participates in regular training to ensure they are up to date with procedures and current research.

Wider Opportunities

At Mousehole School, we recognise that our geographical location can create barriers for some of our children to experience opportunities children in other areas may have. It is our ambition to ensure children have a wide range of opportunities to enrich the curriculum, nurture aspirations and engage children in opportunities beyond their typical lived experience.

Clubs – We offer a range of clubs throughout the year for **all year groups**. These include multi sports, yoga, art, drama, science, construction, Latin, choir, hockey, High 5, football, film club

Residentials – At Mousehole School we offer 2 residentials in Year 5 and 6 – London and Barton Hall in Torquay so that children can experience our capital and a contrasting environment (not coastal). In Year 3/ 4, Children alternate Eden/ Bodmin Science and Bosviggo Youth Hostel with an water sports activity day at Stithians Lake. In Year 1/2 children get the opportunity to experience after school activities such as beach BBQ's and film nights. We believe that all children should be given a wealth of opportunities for personal development and these experiences give all children the chance to grow and learn things about themselves! This ties in with our PD aims of children learning to be 'mentally healthy' and builds character. These plans are reviewed annually to ensure experiences are tailored to the needs of each individual cohort. (This year-2026 we have gone to Porthpean with Yr 5/6 due to costs to London to make it accessible for all).

PE Enrichment – Children take part in many sports competitions throughout the year such as Cross Country, Athletics, High 5, Hockey, Bikeability, and football led by Cornwall schools and Mounts Bay PE hub. We are also lucky to have links with the Cornish Pirates who come in and teach rugby to Year 3/4/5/6 and organise a tournament at the Menaye biannually. The Yr1-6 are taught Tennis by Penzance tennis club and Year R-6 have gymnastics taught by Penzance gym club. We have had hockey tuition for all children YrR-6. Clubs and opportunities are reviewed annually to ensure all children get to experience an activity led by a professional and our sports lead in school.

Woodland skills – year 2 and year 4 have specific woodland skills sessions led by one of our experienced, enthusiastic woodland skills Leads. These take place on the school field and woodlands and the children learn a variety of skills such as den building and whittling. They enjoy making food on the campfire and learning how to stay safe whilst making a fire. Where possible, we take the children off site to experience other local environments.

Harbour skills – Every class has harbour skills with Sennen Surf Club in Mousehole Harbour. This ensures that children have an understanding of how to keep safe when at the beach.

Coasteering/surfing- Yr 6 have the opportunity to take part in either of these activities in Summer term.

Curriculum visits – Trips and visitors are planned and organised to enhance the curriculum and provide children with a wide range of opportunities to enrich their experiences at school. We use local museums such as Porthcurno PK museum, Penlee house and Royal Cornwall museum and we also invite visitors into school to talk and share experiences, for example RNLI lifeguards, Air Ambulance, Floyd Steadman OBE- first black rugby captain for Saracens and Deputy Lieutenant of Cornwall

Music – Peripatetic teachers currently come to teach keyboard, violin, brass, drums and guitar on a weekly basis. We have a relationship with the Cornwall Music Hub and have received specialist music sessions. Our choir sing at St Piran Concert, Christmas at Tate Gallery and at school events. Children take part in at the Paul Feast Concert, Christmas production and our whole school summer productions. They have taken part in the Trust Extravaganza at the Hall for Cornwall and this year will be part of the Trust super orchestra playing alongside primary and secondary schools. The Year ¾

children take part in the Minack Summer production. Children join other schools in the Songfest annually. We join with the local secondary school for St Piran band practices and singing concerts for Yr1/2. The music scholars from secondary school and Prussia Cove musicians come and play to the children and inspire them to take up a musical instrument.

Arts: The children have the opportunity to create the image for Mazy Day parade alongside an artist, Yr 5/6 make lanterns with Billy Winter to showcase in the Humphry Davy Lantern parade. Local artists come in an lead art lessons. We have close links with Penlee Gallery which has enabled children of all ages to enhance their learning through art workshops

Enrichment – Throughout the school year, we offer other enrichment opportunities for all of the children we launch each year with a whole school bonding wellbeing day example trips to St Michaels Mount, travelling on the boat and learning about Cornish legends and completing workshops to helping with tree planting and foraging at Seaswept Farm. Children are put into their house teams so the older and younger children collaborate together at Paul Feast Sports, Sports Day, Easter Egg hunts, organising winning house team termly treats. Year 5 children attend Life Skills. Our links with St Pol Du Leon church in Paul are strong with RE weeks organised with the church community, Open the Book assemblies, our Paul Feast and Christmas Concerts all being hosted there. We have good links with the Minack Theatre with children performing each year. The whole school go to Jubilee Pool at the end of the year to celebrate their successes.

We constantly reflect and look for ways to enhance every child's experience at Mousehole School and update our enrichment regularly.

Citizenship

At Mousehole School, we explicitly teach children the knowledge and skills they need to prepare them to play a full and active part in society. Through citizenship from EYFS, right and wrong is taught well as the need for rules and why they help. (British Values) We encourage children to belong to different groups and communities, both in and out of school. Our ethos is constantly referred to in classrooms and assemblies. Being part of a democracy is crucial to being a good citizen.

Children have roles and responsibilities in school. Year 6 have leadership roles and are all trained play leaders and support the younger children and lead assemblies. Children from each year group are voted in as school councillors to represent their classes. Wellbeing children from key stage 2 have been trained to support children in decider skills and behaviours at playtimes.

Children learn to be good citizens and take part in community events and in-school events, learning how to work together and helping them develop and grow into good adults.