

MOUSEHOLE NEWS

Friday 6th October 2023



Dear Parents and Carers,

The Year 6 children have had a fantastic week visiting the 3 secondary schools trying to decide which one suits them best for next year. I have received some lovely feedback about the children's participation and behaviour whilst attending the taster days. They are a real credit to Mousehole School and I am very proud of them all.

Skiff Class had a super afternoon up in the school field taking part in woodland skills, baked 17th Century biscuits and have created Samuel Pepys diary entries as if they were in "The Great Fire of London".

The boys played football against Bodrigny on Tuesday afternoon. They worked hard as a team and are beginning to develop their skills and sportsmanship. Despite losing 3-0 all the boys gave their best and we are looking forward to seeing your progression throughout the season. Thank you to Mr Ansell, Mr Mullaney and Henry's mum for taking you along.

Luggers have been filming their persuasive speeches at the Senate in Ancient Rome following the death of Julius Caesar as part of their Romans project this week with great gusto!

Mousehole Mice have had a fun packed week with a trip to Solomon Browne, Jumping Mice visiting and playing with the soft play as well as working on their counting and sounds.

Dinghy had a super nature walk on the school field and created lovely pictures with all the autumnal leaves, conkers and acorns they collected.

Well done to Hugo for his fantastic independent writing and sounding out when writing about "The Great Fire of London"-keep up the good work!

Well done to Bex and Sarah in the kitchen for achieving 5 Stars from Environmental Health Organisation!

Remember to order your child's Tempest photographs by 11th October.

Please can you use the footpath when walking up to school and not the road as cars are coming and going at this time for your own safety.

Hope you enjoy the sunshine this weekend!

Sarah Trow



DATES FOR YOUR DIARY

HALF TERM: Monday 23rd October 2023

Monday 9th October 2023 Tennis Sessions all to come in PE kits

Monday 9th October 2023 Feast Concert 5.30pm in Paul Hall for a 6pm start in the church.

Wednesday 11th October 2023- Paul Feast Activities in School-all come in PE kits

Wednesday 18th October 2023-Yr 5 Junior Life skills

Wednesday 18th October 2023 Parent Consultations: 1pm-6pm

Friday 20th October Mousehole Mice and Dinghy Cake Stall

Tues 31st Oct/Wed 1st/Thurs 2nd November Mousehole Mice Parent Meetings

Thursday 9th November 2023-Nasal Flu

Friday 17th November 2023-Children in Need

Friday 8th December 2023 Save the Children Christmas Jumper day

Tuesday 12th December 2023 Christmas Concert 6pm

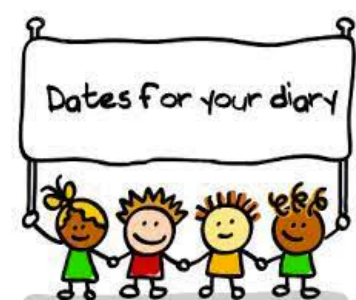
Tuesday 19th December 2023-Last day of Autumn Term

2022-2024 INSET Days:

Monday 30th October 2023

Monday 19th February 2024

Wednesday 24th July 2024





PENWITH
PLAYER
PROJECT



HALF TERM FOOTBALL SESSIONS U7'S - U12'S

€18 FOR THE DAY

15% DISCOUNT FOR MONTHLY SUBSCRIBED PPP PLAYERS

GIRLS & BOYS

FUN FOOTBALL

CORE TRAINING

TEAM BUILDING

FUTSAL GAMES



TUESDAY 24TH OCTOBER
9AM - 3PM



PENWITH COLLEGE
PENZANCE, TR18
2SA

PENWITH PLAYER PROJECT

For more information: 07850 900706 penwithplayerproject@outlook.com [@penwithplayerproject](https://www.instagram.com/penwithplayerproject)

SUPER SATURDAY



If you are in Years 4,5 or 6, join us for a morning of fun

Saturday 14th October

between 10am and 12.30pm.

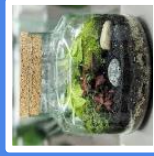
[Click this link](#) to choose from:



Cape
Cornwall
School

Tiny Terrariums

Make a terrarium in a jar which you can take home with you.



Whizz Bang

Ooooo

Celebrate the science of the Autumn season learning about fireworks and all things spooky and slimy.

Pneumatic Monsters

Make a Pneumatic monster in Design Technology!

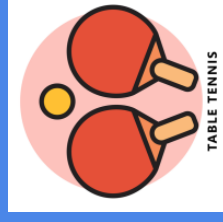


Micro:bit reaction games

Use coding microcomputers to make some reaction test games.

Cape Active

Burn of some energy in some Cape Active Sports



LOVE SCHOOL MEALS

**NUTRITIOUS FOOD AND
MEMORABLE EXPERIENCES**



**Save up
to £457**

with FREE
school meals

AT CHARTWELLS, WE ARE PASSIONATE ABOUT ENCOURAGING AND ENABLING MORE CHILDREN TO MAKE HEALTHY CHOICES AND ENJOY A NUTRITIOUS SCHOOL MEAL TO GET THE MOST OUT OF THEIR DAY.

Chartwells' school meals have been lovingly created by a team of talented chefs and dedicated nutritionists making sure menus are packed with all the ingredients children need to grow strong and healthy.

Making a home-packed lunch for your child each day can be time-consuming and expensive. School meals can relieve some of this pressure by providing a hot, nutritious lunch for your child, every school day.



Chartwells
So much more than fantastic food

THE BENEFITS OF SCHOOL MEALS



MAKING CHILDREN HEALTHIER

Children having school meals are more likely to eat fruit and vegetables and drink water throughout the day.

BEHAVIOUR & CONCENTRATION

A healthy school meal helps children get the best from their learning.

THEY ARE FREE IN RECEPTION, YEAR 1 & YEAR 2

Speak to your school about signing your child up today!

TASTY THEME DAYS

Throughout the term, your child will get to experience delicious theme days where we bring excitement to the dining hall with new and inspiring choices such as our Space Adventure or Mid-Summer Mashup.

MAKING FOOD FUN

We want your children to have fun and the dining hall is a great place for them to enjoy themselves with friends whilst they learn about different types of food.

WE EDUCATE AND INSPIRE CHILDREN WITH OUR BEYOND THE CHARTWELLS' KITCHEN WORKSHOPS

Our menus are packed with familiar favourites such as cheese & tomato pizza, roast dinners and homely pies

FREQUENTLY ASKED QUESTIONS

WHAT IS INCLUDED IN A SCHOOL MEAL?

Every day, you can be assured that a school meal will offer:

- At least two portions of fruit and vegetables
- Dairy food items rich in calcium for strong bones and teeth
- Starchy carbohydrates to provide energy
- A protein source to support the body's growth and repair.

HOW DO I ORDER AND PAY FOR SCHOOL MEALS?

All children in the UK in Reception, Year 1 or Year 2 are entitled to a delicious hot meal or packed lunch for FREE.

From Year 3 (KS2), your child may still be eligible for free school meals, simply visit www.gov.uk/apply-free-school-meals to check.

Schools may have an online facility that allows you to order your children's meals. If your child is in KS2 and above, then the portal will allow you to order and pay for meals.

WHAT IF MY CHILD HAS AN ALLERGY OR SPECIAL DIET?

Our primary objective is to keep our pupils - your children - safe every day when enjoying their school meals.

We take allergies very seriously and, supported by our robust Medical Diet Policy, we've taken every step to ensure that as many children as possible living with food allergies and intolerance can eat safely at school with their friends.

To find out more please email: chartwells.medicaldiets@compass-group.co.uk

CAN A PACKED LUNCH BE PROVIDED INSTEAD OF A HOT MEAL?

Absolutely! Our packed lunches are made fresh each day and are designed to be both tasty and nutritious, ensuring that children enjoy a balanced and satisfying meal.



**NEW SCHOOL YEAR. NEW TERM.
NEW CLASS - SO MANY EXCITING,
NEW ADVENTURES TO LOOK
FORWARD TO...**

including our NEW autumn menu coming at the end of October; full of hearty, flavoursome recipes that will delight their tastebuds and ensure little tummies are full of nutritional goodness.

On top of that, our Theme Days are guaranteed to bring that extra little foodie fun throughout the term too.

[See Theme Day menus](#)




**BEE
THANKFUL**

**IT'S THE END OF
THE SUMMER AND TIME
TO 'BEE THANKFUL'.**

Working with our friends, the Bumblebee Conservation Trust, our 'Bee Thankful' campaign celebrates the humble bumblebee, highlighting their hard work in pollinating many ingredients on our plates.

With educational posters and a special September menu created by Junior Bake Off judge and CBBC presenter Allegra McEvedy, the children will be buzzing with excitement.



**IS YOUR CHILD
ENTITLED TO A
FREE SCHOOL
MEAL?**

**ALL CHILDREN CAN ENJOY
A FREE SCHOOL MEAL IN
RECEPTION, YEAR 1 AND
YEAR 2 - SAVING YOU
UP TO £457 A YEAR!**

Make sure you sign up with your school. Children in Years 3 - 6 may also be able to enjoy free school meals.

[Check if you're eligible here](#)

