

MOUSEHOLE NEWS

Friday 13th December 2024



Dear Parents and Carers,

Dyth da

Thank you for attending the Christmas School Fair on Monday it was lovely to welcome you all in and support FROMS with raising funds for the children in school. It is appreciated, particularly at an expensive time of the year. A huge thank you must go out to the FROMS Team for giving their time to organise, resource and to make it such a fun event for all.

Well done to the football team who played Gulval on Tuesday. They lost 2-0 but demonstrated great team work and overcame the excitement of the minibus not starting initially and finally being able to play due to some good weather!

The children demonstrated courage, confidence and skill at our annual music assembly. It is always a joy to see the children playing their instruments with such enthusiasm and pride. A big thank you to Ms Judge, Maria Heseltine, Andy Bilham, Kirsten Burden and Emilio Ayto for all their hard work and encouragement with their students and building that passion for music. It is wonderful to see so many of our children learning an instrument. We are looking forward to the drums assembly in the new year!

We managed to raise £43.45 on Christmas Jumper Day for Save The Children. Thank you for all our support with this great charity.

We enjoyed taking part in the Humphry Davy Lantern Parade and showcasing our lovely lanterns that we made with Billy Wynter. Thank you for coming out and supporting this local event.

Lugger Class enjoyed their trip to Penlee Museum taking part in stone age activities as part of their project. They had a fabulous time and learnt lots of interesting facts and made their own clay pots.

Remember to order your Christmas dinner for Wednesday 18th December- this is the only option on that day so your child will need to bring a packed lunch if not having a Christmas dinner. The children can come to school wearing their Christmas jumpers instead of their school jumpers.

The Christmas Carol Concert is on Tuesday 17th December at 6pm. Please meet in the Paul Village Hall from 5.45pm. Mousehole Mice and Skiffs are stable animals, Luggers are Wise Men or they can wear a Christmas jumper and Schooners can come dressed in their given parts/roles or they can wear Christmas jumpers. We look forward to welcoming you all along.

Congratulations to Gwynver House (Green) for winning the house points this term with 2527! They have chosen to wear green and have a disco on Thursday to celebrate their success.

On Friday 20th December we will be going to watch The Polar Express at the cinema. Please can you collect your child from the Penzance Cinema at 3pm.

Please do not leave your children unattended before 8.30am or until a member of staff is on the playground. A quick reminder there are no clubs next week apart from 325 club.

I hope you have a joyful weekend and we look forward to seeing you all on Monday at 8.45am.

Best wishes

Sarah Trow



WHOLE SCHOOL ATTENDANCE:
 96%
 SKIFF- 93.3%
 LUGGER- 96.53%
 SCHOONER -94.27 %

HOUSE POINTS:



Congratulations to
GWYNVER for winning
 this terms house points.
2527

Cornish word of the week!

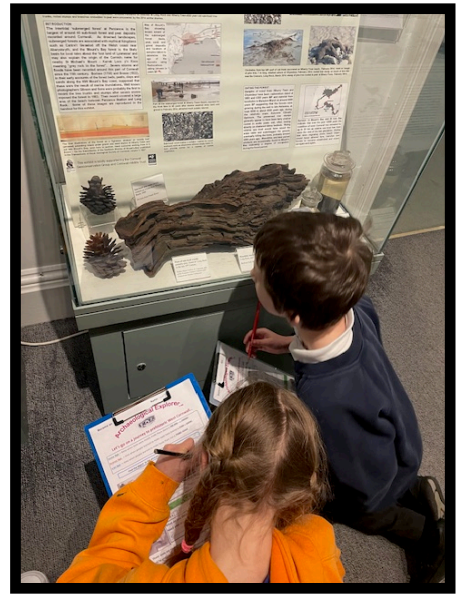
“Rohow”
 meaning- Presents



Congratulation to Sonny for achieving a Headteachers award for his fantastic knowledge and speed in his times tables-Keep it up!



Congratulation to all these girls for entering the Youth Speaks auditions this week. We had some very engaging topics presented to us in a confident and clear manner. A joy to listen to!



Headteacher awards for Raphi and Sully for their amazing sewing skills making their puppets. Great work boys!





DATES FOR YOUR DIARY

Tuesday 17th December 2024 Christmas Concert 6pm

Wed 18th December 2024 Whole School Christmas Dinner

Thursday 19th December Gywnver winning house point
treat-dress in green and have a disco.

Friday 20th December 2024- Penzance Cinema Trip 1-3pm
Please collect from the Penzance cinema at 3pm.

Friday 20th December 2024- Last day of Autumn Term

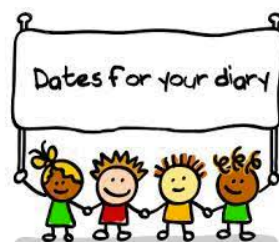
Spring Term starts on Monday 6th January 2025

2024-2025 INSET Days:

Monday 21st July 2025

Tuesday 22nd July 2025

Wednesday 23rd July 2025



Online Safety Newsletter

Dec 2024

Talkie AI App

This app is rated as 17+ by the App store and 12+ by Google Play.

Talkie is an AI chatbot app. Users can use the app to create and interact with AI characters.

You should also be aware that this app includes in app purchases ranging from £4.99 - £49.99.

Talkie does offer a Teenager Mode; however, the content still may not be appropriate for your child. Bark reviews this app here, and recommend that your child **should not be using this app:**

<https://www.bark.us/app-reviews/apps/talkie-app-review>

Tips to help you talk about cyberbullying

Internet Matters have collated their tips to help you talk about cyberbullying with your child based on different age categories. The information is divided into four sections:

1. Before you start the conversation
2. Things to talk to them about such as how to deal with cyberbullying
3. What to do next
4. Where to get further help

<https://www.internetmatters.org/issues/cyberbullying/cyberbullying-conversation-starter-guide>

New Technology

With Christmas nearly here and with some children receiving new technology or related games, here is a quick reminder of the importance of setting up appropriate parental controls.

Games/Consoles

- Check age ratings: look at the PEGI rating of any new games.
- Remember, PEGI rates the gameplay so whilst it is important to review age ratings, you must also check to see if it has any communication elements.
- If a game does allow your child to communicate with others, then adjust or disable the settings as appropriate to your child.
- On the device itself, set up applicable controls such as restricting spending limits and managing who they can communicate with. Follow the links below to find out how to set up Parental Controls for some devices here:



Xbox: <https://www.xbox.com/en-GB/family-hub>

PS5: <https://www.playstation.com/en-gb/support/account/ps5-parental-controls-spending-limits/>

Nintendo Switch: <https://www.nintendo.co.uk/Hardware/Nintendo-Switch-Parental-Controls/Nintendo-Switch-Parental-Controls-1183145.html>

Tablets/Smart phones

Set up parental controls on the device to prevent purchases, restrict content viewed and adjust privacy settings. Furthermore, remember to check any apps your child requests to check that they are suitable for their age. Follow the links below to find out more:

iPhones/iPad: <https://support.apple.com/en-gb/105121>

Android Device: <https://support.google.com/googleplay/answer/1075738>

Why is it important?

Parental controls are important to help provide a safer experience for your child by reducing/preventing access to inappropriate content, cyberbullying, communication with strangers and restricting purchases.

Further information

You can find out more about parental controls here:

<https://www.childnet.com/help-and-advice/parental-controls/>

Roblox

You may have seen the recent investigation about Roblox by Hindenburg, which highlights very worrying concerns about the content that can be seen on Roblox, even when users have listed their age as under 13. You can read the full report here: <https://hindenburgresearch.com/roblox/>

What is Roblox?

Roblox is a platform consisting of a collection of games. Players can either create games or play games that other users have created. It is free to download (however subscription options and in game/app purchases are available) and can be played across numerous devices. **A lot of the content is user generated, which may mean not all games will be suitable for your child to view/play.** If your child is playing Roblox, it is important to monitor what your child is accessing and set up appropriate parental controls.

PEGI rate Roblox with a Parental Guidance label, this is because it is difficult to rate due to the huge level of user generated content.

What should I be aware of?

Game content – as mentioned, users create games so the content/themes may not be appropriate for your child.

Chat Facility - Players can chat to each other. You can turn communication off completely or add restrictions, such as only communicate with friends.

Virtual Currency - Players can buy Robux (their virtual currency) to buy in-game upgrades or accessories.

Age Categories

This article discusses the difference in accounts based on age (under age 13 and aged 13 – 17):

<https://en.help.roblox.com/hc/en-us/articles/30428367965460-What-happens-as-I-get-older-on-Roblox>

Roblox accounts with Parental privileges - NEW

Roblox have just launched a new system to manage your child's experience on Roblox through 'Roblox accounts with parent privileges.' The new format allows you to view and update parental controls from your own device. Controls include setting content restrictions, managing screen time and setting a spending limit. You can find out more here:

<https://en.help.roblox.com/hc/en-us/articles/30428248050068-Parental-Controls-FAQ>

Content Labels - NEW

Roblox have begun labeling experiences based on the type of content rather than by age. You can set limits on which content labels are accessible in parental controls. The labels are Minimal, Mild, Moderate and Restricted. You can find descriptions of each here:

<https://en.help.roblox.com/hc/en-us/articles/30428310121620-Parental-Controls-Overview>

How do I report abuse and block users?

This article outlines the different reporting facilities:

<https://en.help.roblox.com/hc/en-us/articles/203312410-How-to-Report-Rule-Violations>

What else can I do?

Chat to your child regularly about what they are doing online and as always, remind your child that if anything is worrying them then they should talk to you or another trusted adult.

Positively online

The NSPCC have published six tips to help you improve your family's online wellbeing. They also provide you with a guide on how to talk to your child about what they are doing online as well as a quiz that you can play together. You can find our more here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-wellbeing/positively-online/>

The 'Add Everyone' Explicit WhatsApp Group

The INEQE Safeguarding group have issued an alert regarding a WhatsApp group known as 'Add Everyone.' Find out more here:

<https://ineqe.com/2024/10/31/safeguarding-alert-add-everyone-whatsapp-group/>



**FRIDAY 13TH DECEMBER 2024
HUMPHRY DAVY LANTERN PARADE**

We're thrilled to invite everyone to this year's Humphry Davy Lantern Parade, it's going to be bigger, brighter, and more exciting than ever!

A huge thanks to all the kids who crafted lanterns with our artists; they loved working with you!

Join the fun in Penzance as we light up the night! Bring your lanterns to St. John's Hall at 5:00 pm, and get ready to step off at 5:15 pm.

The parade will wind through Market Jew Street right to the bottom, then back to Humphry Davy statue, where we'll raise our voices for a lively "Happy Birthday," before heading down Chapel Street to finish at the Methodist Chapel.

The Christmas lights will be shining, street entertainers will be out, and the whole town will be buzzing. Don't miss out on this magical evening - we can't wait to see you there!

www.lovepenzance.co.uk



Penzance
BUSINESS IMPROVEMENT DISTRICT
 **PENZANCE COUNCIL**

Going Green

Christmas in Penzance

Penzance
BUSINESS IMPROVEMENT DISTRICT
 **PENZANCE COUNCIL**

**Sat 30th Nov
5.15pm**

CHRISTMAS LIGHT SWITCH ON

Christmas Carols piped across the town & snow machines

1st, 8th, 15th and 22nd Dec
Sunday opening in the lead up to Christmas

**Fri 13th Dec
5.15pm**

HUMPHRY DAVY LANTERN PARADE

Our biggest parade yet with more schools than ever

**Sat 14th Dec & Sat 21st Dec
10am - 5pm**

CHRISTMAS MARKET

St John's Hall
Christmas Carols piped across the town

Fri 13th & 20th Dec
Late night shopping until 8pm

**Sat 21st Dec
5.00pm**

MONTOL

Christmas Carols piped across the town & snow machines

FREE PARKING EVERY SATURDAY IN ALL PENZANCE CAR PARKS LEADING UP TO CHRISTMAS

www.lovepenzance.co.uk



TAKE YOUR CHILD'S IMAGINATION ON A FOOD JOURNEY WITH ASPENS

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu...

Knowing Where Your Food Comes From

We take our responsibility of catering for today's children and young adults seriously. All of our dishes are prepared every day using quality, fresh and seasonal ingredients that are responsibly sourced. Our supply chain is traceable, so we can ensure the provenance of all produce.

Our dishes are created and served by experienced and enthusiastic staff. As well as ensuring the food on the plate is healthy, we want our customers to understand the importance of eating the right foods and help them with their food and nutrition journey.

WEEK 1

Our Great New Menu

	TRADITIONAL	Week 1
FOOD FESTIVAL LUNCHTIME		
Autumn Winter 29/9, 28/10, 14/11, 4/12, 25/12, 15/01, 6/2, 27/1	THE MAIN EVENT Margherita Pizza Slice and Wedges	MEAT-FREE MAGIC Veggie Dish Veggie Pepper and Sweetcorn Pizza Slice with Wedges
MONDAY	TUESDAY	WEDNESDAY
THURSDAY	FRIDAY	RAINBOW ALLEY Sweetcorn Apple Slaw and Wholegrain Rice Peas and Carrots Green Beans Baked Beans
BIG TOPPING Beans, Cheese or Tuna Mayo	DESSERT TROLLEY Toffee Frozen Yogurt Sweet Potato Brownie Forest Fruits Jelly Pots Cookie Dough Apple Crumble	AVAILABLE DAILY PASTA TWIST AVAILABLE EVERY DAY Topped Pasta Hot Pasta topped with Homemade Tomato Sauce and Cheese

FUN THEME DAYS

OUR FANTASTIC FOOD

We don't only create delicious favourite dishes from home and around the world, we make it fun!

We aim to make lunchtime the best time of the day and it definitely is when we hold one of our regular theme days! Planned to link in to the school calendar or seasonal healthy food initiatives, our staff may dress up and decorate the counter to serve something deliciously different on the menu - it's the stuff of great school food memories!



LUNCHTIME

Autumn Winter
2024-25:
2/9, 23/9, 14/10,
4/11, 25/11,
16/12, 6/1, 27/1


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



THE MAIN EVENT


Margherita Pizza
Slice and Wedges

BBQ Cheesy Chicken

Roast Gammon, Roast Potatoes and Gravy

Lasagne

Golden Fish Fingers or Salmon Fingers and Chips



MEAT-FREE MAGIC
Veggie Dish


Veggie Pepper and Sweetcorn Pizza Slice with Wedges

Butterbean Ratatouille

Quorn Sausage, Roast Potatoes and Gravy

Vegetable Lasagne

Veggie Burger and Chips



RAINBOW ALLEY
Vegetables and Salads


Sweetcorn

Apple Slaw and Wholegrain Rice

Peas and Carrots

Green Beans

Baked Beans



BIG TOPPING
Filled Jackets


Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo



DESSERT TROLLEY

Toffee Frozen Yoghurt

Sweet Potato Brownie

Forest Fruits Jelly Pots

Cookie Dough Apple Crumble

Jammy Thumbprint Biscuits



DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND CUT FRUIT

AVAILABLE DAILY



PASTA TWIRLER

AVAILABLE EVERY DAY

Topped Pasta
Hot Pasta topped with Homemade Tomato Sauce and Cheese

