

MOUSEHOLE NEWS

Friday 4th April 2025



Dear Parents and Carers,

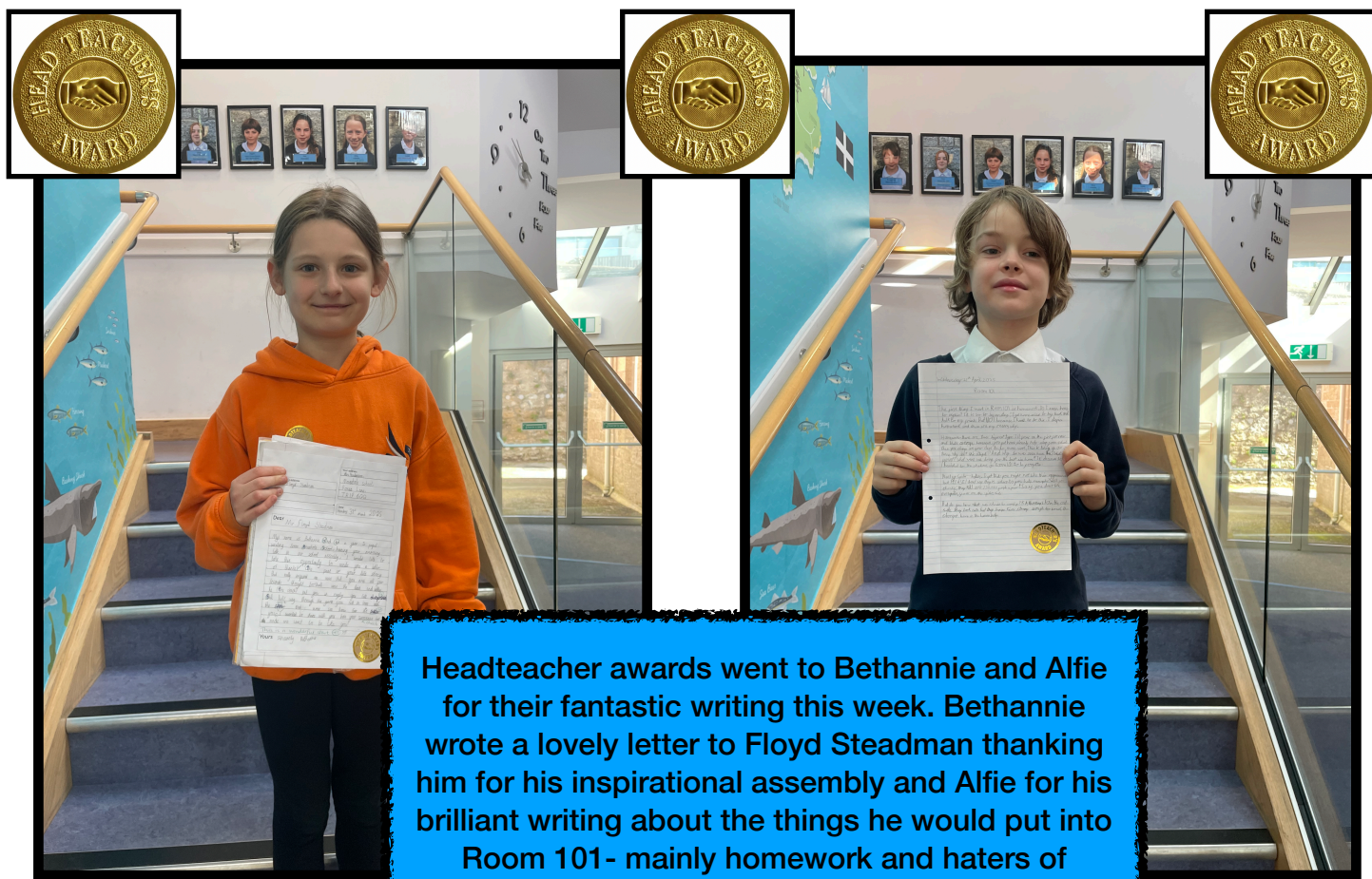
Dyth da

Another very busy week at Mousehole ranging from inspirational speakers, workshops with members of Paul Church, Praa Sands winning the house points for the term and enjoying an ice cream on the beach with Mousehole Mice as a treat. Finishing with a visit from the Easter Bunny, topped of with a spectacular Easter Egg Raffle. Thank you to Sophie from the FROMS team and the parents for donating the eggs and buying the tickets. Each child went home very happy with their eggs!!

I would just like to take this opportunity to say a big thank you for all your support over the past term and to wish you all a very Happy Easter. I hope you manage to get some rest and enjoy the sunshine. We look forward to welcoming you all back on Tuesday 22nd April.

Best wishes

Sarah Trow



Headteacher awards went to Bethannie and Alfie for their fantastic writing this week. Bethannie wrote a lovely letter to Floyd Steadman thanking him for his inspirational assembly and Alfie for his brilliant writing about the things he would put into Room 101- mainly homework and haters of spiders!!



WHOLE SCHOOL ATTENDANCE:
97.8%
SKIFF-95.6%
LUGGER-98.2 %
SCHOONER- 94.5%

Special Guest alert!

We were very fortunate this week to welcome Mr Floyd Steadman OBE an inspirational speaker into our school. He spoke about his life and the challenges he faced as a young black boy growing up in care in London in the 1960s.

He went on to have a very successful career as a rugby player becoming the first black captain for Saracens and head teacher of 4 schools.

He told the children that he knew at a young age that his way out of a difficult life was by working hard at school and by giving kindness back to world rather than anger. His was a story of great resilience and how we can overcome adversity.

He kindly donated two copies of his book "A Week One Summer," to our school library. Both Mr Steadman and the staff were very impressed with the children's mature approach and their challenging and thought-provoking questions!





GIRLS FOOTBALL

Girls girls girls! On Tuesday the girls played St Hilary away. They played well and worked hard, however the final score was 4-0 to St Hilary! On Thursday this week we played Nancledra at home. It was an incredibly exciting cup match and so close! We went into extra time but lost 3-2 with Coco and Alina scoring the goals. Well done though girls, you were all brilliant and worked hard as a team.



RE WEEK CHURCH VISIT

As part of our RE learning we took a trip to our local Church in Paul village earlier this week. The church volunteers provided some Easter workshops for the children to take part in. They all behaved brilliantly whilst representing our school and made some lovely creations to bring home.





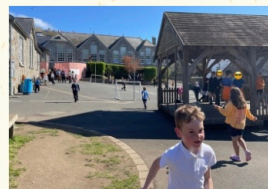
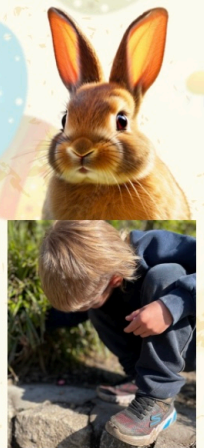
WOODLAND SKILLS

What a term! We may have missed a few sessions but what fun we've had whittling and planting away over the past few weeks! The children have learnt many new skills and have whittled some awesome creations from sticks from our school woods that impressed Mr Ansell and Miss Hook!
Great job guys.



Easter hunt!

Mousehole school had a fluffy tailed visitor this morning! We were so lucky that the sun came out for our Easter egg hunt today. The children had great fun finding all the different coloured eggs hidden in the playground, even if they did have to fend off some cheeky seagulls!





HOUSE POINTS TREAT



This term Praa Sands were the champions!!! 🏆
 As a team working hard in each class they managed to collect a whopping 2005 house points meaning they got to choose an end of term treat for their house only. Well done guys! They all decided together that a trip to the beach to have a paddle and feel the sand between their toes was the treat for them. I heard somewhere that ice creams were involved although they didn't bring any back to school with them! Well done to Praa Sands, we start all over again next term. I wonder which house will choose the next treat?



DATES FOR YOUR DIARY

Summer Term Begins:

Tuesday 22nd April 2025 Jumping Mice weekly on Tuesdays 10.30-11.30am

Yr 6 mock SAT's w/b 28.4.25

Monday 5th May Bank Holiday

Yr 6 SAT's w/b 12th May-15th May

13th/14th and 15th May Yr 5 Bikeability

Half Term- 26th May 30th May

Schooner Camp 1st June - 4th June

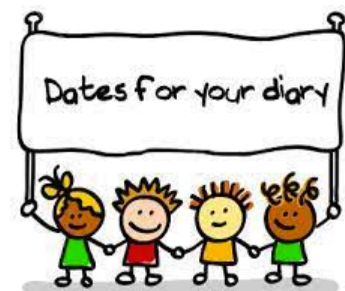
Sports Day 12th June (Back up 13th June)

2024-2025 INSET Days:

Monday 21st July 2025

Tuesday 22nd July 2025

Wednesday 23rd July 2025



MOUNTS BAY ACADEMY

JOIN THE ADVENTURE EASTER HOLIDAYS

*Funded for FSM children or £20 a day
FREE HOT MEAL INCLUDED!
5-16 YRS old
Apr 14th, 15th, 16th and 17th
Join the Easter egg hunt on Thursday 17th!*

✓ Multi-Sports ✓ Arts and Crafts ✓ Biking

St Marys Camps:  Mounts Bay Camps: 

WALK 30 KM IN MAY

TO SUPPORT PENHALIGON'S FRIENDS

SIGN UP HERE!



CELEBRATING 30 YEARS OF PENHALIGON'S FRIENDS!

Could you and your four-legged friend walk at least 30k in May to raise funds for Penhaligon's Friends and help make a difference to the lives of bereaved children, young people and families throughout Cornwall?

Simply sign up and donate £10 to receive your pooch postal pack, which contains a fabulous Penhaligon's Friends dog bandana, treats for dogs and their humans, and lots of great resources.

THIS EVENT IS KINDLY SUPPORTED BY

penmellyn vets
Your local vets in Cornwall

Charity No: 1189323
www.penthaligonsfriends.org.uk



Online Safety Newsletter

April 2025

Screentime

Screentime is classed as any time spent in front of a screen, so it includes everything from watching tv to completing homework on a laptop. Whilst there is no recommended screentime (except for under two, which is zero), it is important that we find a balance.

Screentime can obviously be beneficial, both for educational and entertainment purposes, however it is important to be aware of the risks, such as:

- Eye strain.
- Disrupted sleep.
- Less time for other activities and being outdoors.
- Affects our attention span.

Further information

Childnet discuss what is screentime and how much screen time is enough in this useful article:

<https://www.childnet.com/help-and-advice/screen-time-boundaries-parents/>



Social Media Concerns

Most social media apps have a minimum age rating of 13+. Whilst there are benefits, this article discusses some of the potential risks of using social media.



Risks of Social Media

- **Inappropriate content** – social media may expose children to content that is not appropriate for their age, including sexually explicit content or content that promotes harmful behaviours such as self-harm.
- **Cyberbullying** – this can take many forms, including sending nasty or hurtful messages, leaving unkind comments, sharing photographs of somebody else without their permission or impersonating somebody with a fake account.
- **Excessive Screentime/Addiction** – too much time online can affect mental health and disrupt sleep patterns.
- **Contact from strangers** – there is a risk of stranger contact, which can lead to an increased risk of grooming.
- **Challenges** - children may not have developed the skills and ability to critically analyse what they see online. Whilst some challenges are fun and provide no risk, there will be challenges online that are risky/dangerous.
- **Sharing too much information** – children may share personal information e.g. their phone number, school name or inappropriate photos of themselves.
- **Algorithms** – algorithms influence what we see on social media platforms to keep us engaged on the platform. This can lead to 'echo chambers' where users are only seeing content that relates to their opinion rather than seeing a balanced viewpoint. It can also lead to a user being exposed to large amounts of content about one topic/theme, which may not be helpful if it is negative.

How can I help make it a safer environment?

- Check the age rating of each app and restrict access until they reach that age.
- Set up age-appropriate parental controls, for example set content restrictions and screen time limits.
- Chat to your child about what they are doing online, including who they are following and interacting with online.
- Restrict devices in their bedrooms.
- Show your child how to use any reporting and blocking tools.

Further information

You can find out more from the following:

- <https://kidshealth.org/en/parents/social-media-smarts.html>
- <https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/social-media/#Talkingaboutcyberbullying>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.04.25. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

Group Chats

Is your child part of any group chats? This could be on social media, for example on WhatsApp or within games such as Fortnite. If so, it is important that you are aware of the potential risks, which include:

- **Inappropriate content** – there is often a lack of moderation within chat facilities so users could be exposed to content/language that is not suitable for their age.
- **Bullying** – there are many instances where inappropriate/hurtful comments are shared within groups, this could take the form of name calling or body shaming. Bullying can also be in the form of excluding others from the group. These issues often overspill into 'real life'.
- **Strangers** – your child could be added to groups with people they do not know or even with someone that they have previously blocked.
- **Conversations can be shared/screen shot** – make sure your child is aware that anything they share within a group can be shared with others outside the group.
- **Sharing personal information** – remind your child to be aware of the information they share with others including images and location.



How can I help make group chats safer?

- Check the recommended age rating and adhere to them. If we all did this, peer pressure would be reduced.
- Set up age-appropriate parental controls and set screen time limits.
- Show your child how to use any reporting and blocking tools.

What else can I do?

- It is crucial to have regular conversations with your child about the risks outlined above and about what they are doing online.
- Talk about who they are chatting with, encourage them to think carefully about the messages they send and how they might be perceived by others. Talk about positivity and not saying anything hurtful. Ask them to think about whether they would say what they are messaging, face to face.
- Devices should be used in family rooms so you can monitor what they are doing and who they are interacting with.
- Finally, make sure to model good digital behaviour yourself, as children often learn by observing the adults around them.

Further information

Childnet have created a Group Chat Guide for parents following consultation with the Childnet Youth Advisory Board and Digital Champions: <https://www.childnet.com/resources/cheat-sheet-group-chats/>

Did you know some Emojis have a double meaning?

For those that have watched Adolescence, you will know children and young people may be using emojis to mean something completely different. For example, the kidney bean emoji may be used to identify as an incel. It is important that you are aware of how emojis can be used and keep up to date with the way in which they can be used as their meanings are changeable. You can find out further information here:

<https://www.bark.us/blog/emoji-slang-guide/>

Vodafone: The Rise of the Aggro-rithm

Vodafone released a short video last year, titled 'The Rise of the Aggro-rithm'. It highlights the harmful algorithms targeting young boys. It's certainly worth a watch as well as learning about the terrifying statistics accompanying it:

<https://www.vodafone.co.uk/newscentre/press-release/ai-aggro-rithms/>

3 things to consider before giving your child a smartphone

Wayne Denner has published a blog discussing the three things that parents wished they had considered before giving their child a phone. You can read the article here:

<https://www.waynedenner.com/3-things-parents-wish-they-had-considered-before-giving-their-teen-a-smartphone/>



Surf Or Mega SUP

This Easter Holiday with



Surfing



Mega SUP

Funded places for
FSM children



Penzance and Praa Sands



Scan to book via Playwaze
Or contact:

info@coastactivityprogramme.com



How Does School Attendance Affect a Child's Learning?

0 Days Absence

190 Days in School

Perfect!

100% Attendance

Best chance of success

10 Days Absence

180 Days in School

95% Attendance

19 Days Absence

171 Days in School

4 weeks missed!

90% Attendance

Less chance of success

365 Days in a Year
190 School Days
175 Non School Days

29 Days Absence

161 Days in School

85% Attendance

38 Days Absence

152 Days in School

80% Attendance

47 Days Absence

143 Days in School

75% Attendance

Serious impact on education and reduced life chances

Over half a term missed!

Having 90% over 5 school years, is half a school year's work missed!



PARENT WORKSHOP



MORRAB LIBRARY
FRIDAY 2ND MAY
2025
10:00-11:30

3 SIMPLE STEPS TO BUILD CONFIDENT READERS

Parents will leave with tips and activities:

- ✓ To improve their child's vocabulary
- ✓ To help reading comprehension
- ✓ That encourage multi-sensory learning



WITH ZOE MOORE
Educator
Dyslexia Specialist
Literacy Consultant

07709797846



zoe@myamazingmind.co.uk