

MOUSEHOLE NEWSLETTER

What's Been Happening This Week - 13.3.26

Dyth da, Parents and Carers,

We have had another eventful week with the children expanding their personal development opportunities. Skiff performed their final performance at the Penlee Gallery of their song that they wrote together based on the painting, 'School Is Out', they did a brilliant job working alongside Ms Judge and Mrs Smith to sing and play their instruments. Well done Skiffs we are very proud of you!

Lugger were also part of the Songfest performance at St Johns Hall run by Azone on Wednesday, singing alongside other local schools. They sang with enthusiasm and joy and Mrs Williams and Miss Hook were extremely proud of them all. They were presented with a certificate which is displayed in the entrance.

The girls football team played brilliantly against two local schools this week drawing the first 0:0 and winning the second 1:0. They demonstrated great team work and sportsmanship. Keep up the great work girls!

Some children from Schooner participated in the swimming gala on Wednesday. They all competed with confidence in the heats and Leonie, Iona and Arlo made it through to the finals. Congratulations to Leonie and Arlo for achieving medals in their events. Mr Ansell and Miss Buzza were very impressed with your team support of each other and representing the school beautifully.

Mousehole Mice and Dinghy have been enjoying their new continuous provision in the sunshine. It is lovely to see them back outside in their new environment. This Friday 20th March is Red Nose Day, please come dressed in anything red (no hair spray or face paint please) and any donations are welcome for this fantastic charity event, there is a bucket in the entrance. The school council will be providing activities for us to participate in.

The following Friday is Skiff cake stall, please see the poster below for further information.

Thank you all for your continued support and we look forward to seeing you all on Monday morning and hope you have enjoyed your weekend.

Best wishes,
Sarah Trow and all the Mousehole Staff

Housepoints

Gwynver: 129

Praa Sands: 254

Sennen: 112

Porth Chapel: 175

Attendance

Whole School: 95.7%

Dinghy: 98.4%

Skiff: 89.8%

Lugger: 98.2%

Schooner: 93.7%

Dates

- Lugger class swimming this half term on Friday
- Friday 20th March-Red Nose day
- Friday 27th March Skiff Cake Stall
- Thursday 2nd April Easter Egg Raffle
- Thursday 2nd April last day of term

2025-2026 INSET Days:

Monday 1st June 2026

Stars of the week

Congratulations to our amazing stars this week they are- Leo, Ivy, Arlo Bee, Suki and Jordan. They were spotted for coming into school with a beautiful smile each day, being school ready and demonstrating our values of kindness and hardworking at all times, super presentation and handwriting, for being a brilliant role model on a school trip and singing. Keep up the great work all of you!

Marvellous Mouse

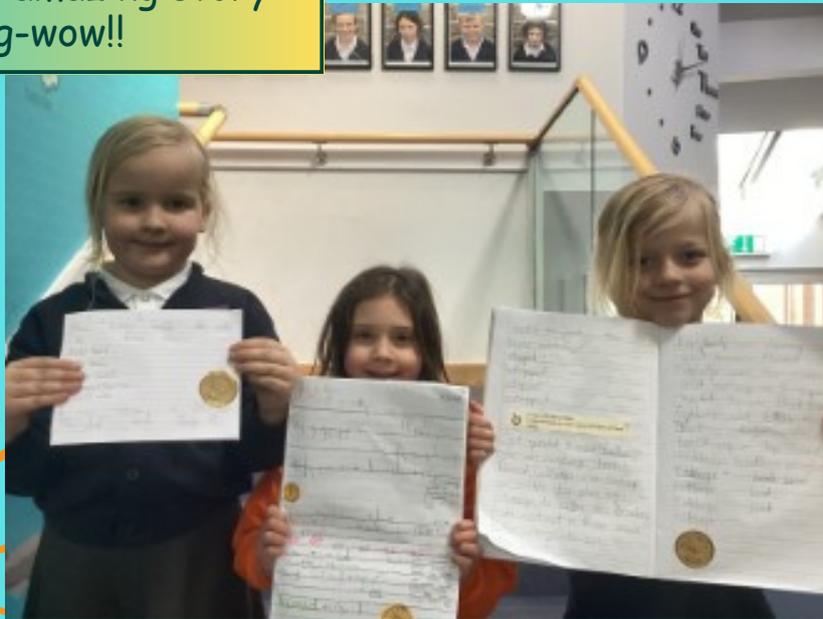


Aisla

For her amazing progress with her name writing and forming her letters, what a star!

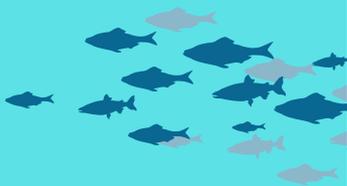


Headteacher awards this week go to Morwenna, Noah and Margot for hard work on their letter formation, super phonics sentences and amazing story writing-wow!!



Thank you to Mr Ansell and for all the support shown at the community garden over the past 2 weekends- lots of beds have been prepared for new plants and seeds to be planted. We appreciate the time given to this important part of our school community.

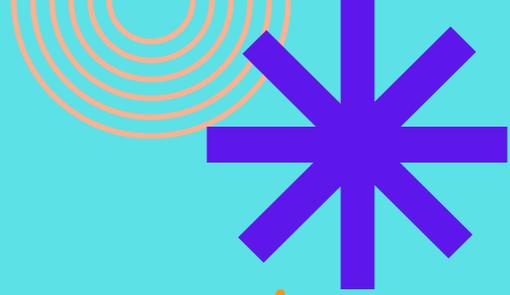
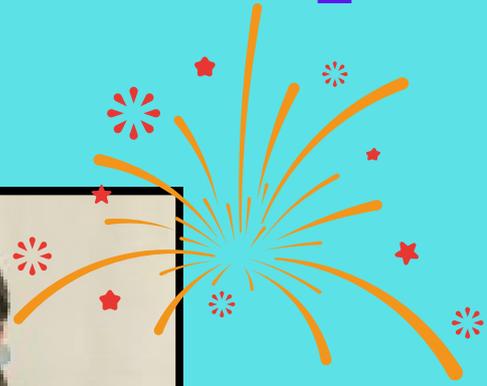
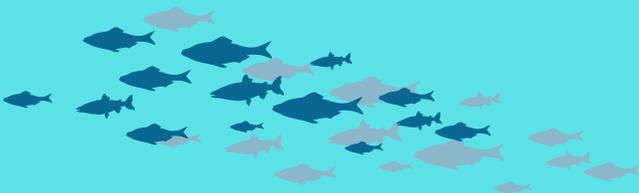
Cornish words of the week
Dydh an Tron Rud-
Red Nose Day



BE PROUD OF YOUR WORK



Congratulations to Rio, Owen, Eugenie and Suki for showcasing their work and themselves with pride and beautiful presentation. We are working hard to produce our best work at all times by demonstrating our school values of respect, hard working, confidence and kindness.



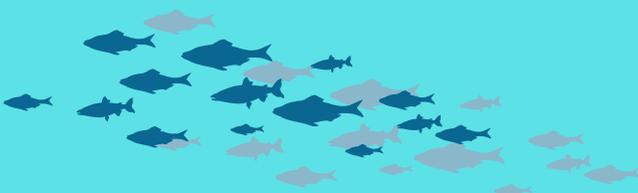
Congratulations to our girls football team who played brilliantly on Tuesday and managed to draw one game 0:0 and win the second 1:0. A fantastic effort girls we are very proud of your achievements- Keep it up!!



Well done to all the children from Schooner Class who represented us in the Yr5/6 swimming gala on Wednesday. They did an amazing job with Leonie, Iona and Arlo qualifying for the finals. Congratulations to you all but particularly to Leonie and Arlo for achieving silver medals!



Congratulations to Henry for achieving his 66 Club this week - a great role model for all in Luggar who are working hard on their timestables in preparation for their multiplication tests. Keep up the good work and keep practicing!!



MOUSHOLE SCHOOL

**RED
NOSE
DAY**

FRIDAY 20TH MARCH 2026

NON-UNIFORM DAY

WEAR SOMETHING RED

NO RED HAIR OR FACE PAINT

**DONATION BUCKET
IN ENTRANCE HALL**

**THANK YOU FOR YOUR
CONTINUED SUPPORT WITH
THESE FANTASTIC CHARITY EVENTS**

MOUSEHOLE SCHOOL

Skiff Cake Stall

This term it is the turn of Skiff Class to hold the cake stall. The kids love the cake stall and a little Friday treat. This will take place after school on Friday 27th March.

Please can parents of Skiff class bring in any cakes or home made bakes on Friday morning and if any parent from Skiff Class can help run the stall please let reception know and one of the FROMS team will get in touch with you.





CAPE CORNWALL SCHOOL

SUPER! SATURDAY

Years 4, 5 & 6

Saturday 21st March 2026 10.00 - 12.30

FRENCH A morning in Paris	Get ready to step into the charm of the City of Light! Our Paris-themed morning will be packed with fun and imagination, including Paris Landmarks Treasure Hunt, creating your own Eiffel Tower and a Favourite Café Roleplay.
Get Active	Mission Impossible Ultimate Challenge Edition. A variety of fun skill-based games that test your teamwork, problem-solving, and communication skills to the test - all while having loads of fun!
DT Robot Pencil Head	Come and join us in the DT workshop for a super fun adventure where you'll create your very own Robot Pencil Head - a tiny robot buddy for your pencil! You'll design, glue, sand, and paint to make something bright, bold, and totally unique. Let your imagination run wild and build a robot friend as cool, silly, or colourful as you like!
CODING Python Turtle	You'll be learning to code using Python Turtle, a little turtle that follows your instructions on the screen! You'll get to make it move, turn, and draw to create cool shapes and repeating patterns, watching your ideas turn into colourful designs. It's a fun way to learn how coding works while teaching the turtle lots of new tricks!
GEOGRAPHY World Explorers	You'll explore different countries around the world and see what life is like there compared to the UK. Then you'll create your own fact file about your chosen country and/or write a postcard home describing the amazing place you've "visited"!





Online Safety Newsletter

March 2026

YouTube Safety Update: New Parental Controls

YouTube have published their latest update on how parents can support their child on YouTube. YouTube will now allow parents to set the amount of time viewing Shorts – this can even be set to zero. YouTube Shorts are short videos, usually less than 60 seconds long, which when continuously watched, can lead to excessive screentime. Furthermore, parents will also be able to set bedtime and ‘take a break’ reminders. You can find out more here:

<https://blog.youtube/news-and-events/updates-youtube-supervised-accounts-teens/>

If you would like to find out more about supervised accounts on YouTube, then this article explains the different settings available:

https://support.google.com/youtube/answer/10315420?hl=en-GB&ref_topic=15279060&sjid=15225282118002181205-EU

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleycitycs.org.uk/march-2026/>

Mobile phones: do you know the risks?

We know that children having access to a smartphone can expose children to risks including:

- Viewing inappropriate content
- Excessive screen time/use, which in turn can affect their mental health and sleep pattern.
- Contact from inappropriate people/grooming
- Cyberbullying
- Spending money on in-app purchases/scams

What effects do mobile phones have on children's mental health?

Compass discuss the research around this important topic, outlining the positive and negative effects that mobile phones have:

<https://compass-uk.org/services/compass-changing-lives/online-resources/what-effects-do-mobile-phones-have-on-children-and-young-peoples-mental-health/>

EE Online Safety Hub

EE has published age guidance for smartphone usage to improve children's digital wellbeing. In summary, they recommend that children under 11 should use non-smart devices, for children aged 11-13, they advise that if a smartphone is used, then parental controls should be enabled and access to social media restricted. Finally, for 13-16-year-olds they still recommend that parental controls are implemented and appropriate restrictions set up. You can read the full guidance here:

<https://ee.co.uk/internet-online-safety>

Could you delay when your child is given a smartphone with Smartphone Free Childhood?

The premise behind this movement is that all parents/carers of a class all agree not to give their children smartphones (therefore the level of peer pressure is reduced) for a set time or until a specific age:

<https://www.smartphonefreechildhood.org/>

What device?

When you think it is the right time for your child to have a phone, then ‘Which?’ provide an overview of some options available:

<https://www.which.co.uk/reviews/mobile-phones/article/buying-a-first-mobile-phone-best-dumb-phones-and-smartphones-for-kids-aA03C3Y8aTzr>

Virtual Private Networks

A Virtual Private Network (VPN) helps make your connection between a device and the internet more secure and can help protect personal information and add privacy. However, whilst a VPN has benefits, it is important that you are aware that if your child is using a VPN, they may be able to get round Wi-Fi restrictions, access blocked or restricted websites and bypass parental controls. It may also mean that their browsing history is hidden.

The NSPCC provides a helpful overview of VPNs, plus top tips and conversation starters here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/vpns-and-online-safety/>

Social Media Algorithms

What is an Algorithm?

Algorithms influence what we see on social media platforms and predict what type of content we are most likely to interact with, thereby keeping us online for longer. The algorithm uses information such as who you follow, what you have searched for and what you have watched, liked or shared to determine what it thinks most interests you. It will then show you this content more, for example, in the explore tab on Instagram.



What do I need to know?

Whilst there are benefits to algorithms, for example it means we tend to see content that does interest us, unfortunately there are negatives as well. They can lead to increased screentime as we continue to see things that interest us. Secondly, it can lead to users being shown large amounts of inappropriate content which can for example, exacerbate negative body image or heighten access to misogyny content. It can also lead to 'echo chambers' where you are only seeing content that relates to your opinion rather than seeing a balanced viewpoint.

Further information

- <https://cybersmarties.com/behind-the-screen-how-algorithms-shape-what-kids-see-online/>
- The BBC discuss algorithms in this article about doomscrolling: <https://www.bbc.co.uk/bitesize/articles/zwnk3qt>

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Five Nights at Freddy's

Five Nights at Freddy's is a horror game designed to frighten players with jump scares or creepy characters. It can be accessed from several places, for example on an Xbox (PEGI rating of 12) and on the App store (age rating of 13+). There is merchandise available, which may suggest that it is child friendly. We would recommend that you preview the game first to ascertain its suitability for your child. You can view Bark's review here:

<https://www.bark.us/content-review/five-nights-at-freddys-review/>

Screen time and online harms

The Royal College of Paediatrics and Child Health have created a page that brings together key resources on screen time. Find out more here:

<https://www.rcpch.ac.uk/resources/screen-time-online-harms-resources-members>

New government campaign: Is your child influenced by toxic content?

The Government have launched a new campaign providing guidance to parents on safety settings, conversation prompts and advice for tackling misinformation and harmful content. It also includes a quiz to help you and your child spot misleading or unreliable information online. You can find out more here:

<https://www.gov.uk/government/news/is-your-child-influenced-by-toxic-content-new-government-campaign-supports-parents-to-talk-about-harmful-online-content>



Cornwall
Wildlife Trust



Cornwall Partnership
NHS Foundation Trust



MHST Wild Wellbeing



MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Wild Wellbeing session in Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.

Please book EACH child on to a session

Each session will last approx. 2 hours

Locations and dates:

07 April - Golitha Falls

07 April - The Gardeners House, Penzance

14 & 15 April - Penrose Estate

16 April - St Ives Community Orchard

More sites and dates may be added so keep checking!

All sessions will begin at 10am. Please wear weather appropriate clothing!



To request a place, complete the online form

<https://forms.office.com/e/CdbKBnMHOq>



Scan to sign up

Please be aware that spaces are limited and assigned on a first-come, first-served basis. If you cannot attend after being allocated a place, inform us so we can give your spot to someone else.

Follow us on Facebook for updates and upcoming events:
[Cornwall Mental Health Support Team \(MHST\)](#)